

# MHALA: A System of Care and Support

[www.mhala.org](http://www.mhala.org)

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Homeless Innovations Project

## Navigation Team

- \* Targeted Outreach
- \* Assisting families and individuals in navigating available services
- \* Linking people to services both within our system of care or to outside agencies

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## Homeless Innovations Project

### HIP Program Description:

\* The Homeless Innovations Project (HIP) is an integrated mobile health team. In partnership with medical staff from The Children's Clinic, a Federally Qualified Health Center, HIP staff engage in street outreach to provide mental health, physical health, substance abuse, housing, benefits, employment/education and case management assistance to individuals identified as the most vulnerable on the streets

Population Served: In order to qualify for this program, individuals must be in urgent need, i.e., not linked to ongoing care, experiencing chronic homelessness, with a severe and persistent mental illness, and with one or more of the following health conditions; diabetes, Hiv +/-AIDS, cardiopulmonary disease, arthritis, cancer, respiratory illness, hypertension, cardiovascular disease, chronic pain, and/or obesity (BMI over 25).

## Homeless Assistance Program

### HAP Program Description:

\* Drop In Center Personal Service Coordinators link people to shelter, transitional homes, and permanent housing, psychiatric services, substance abuse programs, and medical care, financial benefits and supported employment, as well as, transportation and applying for birth certificates and IDs.

\* Housing First Programs (scattered site apartments – person holds lease): Safe Haven; Street to Home, and Transitions in Place

\* Multidisciplinary Integrated Team (MIT) - is an integrated mobile outreach team. The MIT team does street outreach and provides mental health, physical health, substance abuse, housing, benefits, employment/education linkage and case management assistance.

### Population Served:

\* Single adults experiencing homelessness

## Homeless Supportive Services

### HSS Program Description:

\* HSS is a primary partner with other homeless services agencies in the surrounding area and the City to initiate, coordinate and implement grant-funded activities.

\* HSS supports MHA's other homeless services depts. and programs, as well as the surrounding community to provide supportive services directly to members and employees with assistance from a data/HMIS specialist, a financial benefits specialist, and with contract and grant compliancy guidance.

## The Village

### Program Description:

- \* Person-centered services, helping members achieve quality of life defined by their hopes for themselves.
- \* Two levels of service allowing us to encourage graduation from our program.
- \* Structure- 5 multi-disciplinary direct service teams, Housing department, Employment Department, Education Project

### Population Served:

- \* Adults- 26 and older
- \* Have major mental illness
- \* Be at risk of or have experience with: jail, hospitalization, homelessness

## Long Beach TAY ACADEMY

### Program Description:

\* The TAY Academy is a intensive outpatient mental health provider or Full Service Partnership Program

### Population Served:

- \* Young adults (18-25) experiencing serious mental illness
- \* In addition, youth must meet one of the following criteria:
  - \* Homeless or at risk of becoming homeless
  - \* Aging out of children's mental health, juvenile justice, or children's welfare services (foster care)
  - \* Transitioning from long term residential mental health care such as state hospitalization, therapeutic group homes, or forensic placements such as jail, juvenile hall, or probation camps
  - \* Experiencing a first psychotic break

## Operation Healthy Homecoming

### OHH Program Description:

- \* Supportive Services for Veteran Families program
- \* We assist veterans and their families who are homeless to get into housing and stabilize those who may be at risk, this is done as a short term program and we link people to long-term supports and services if needed
- \* We provide service coordination, benefits assistance and financial planning, housing counseling, temporary financial assistance, and assistance linking to employment resources

### Population Served:

- \* Vets experiencing homelessness

## Long Beach Wellness Center

### Program Description:

\* Services include psychotherapy, case management, psychiatric medication, life skills building, and psychoeducational and social groups in an outpatient, voluntary setting. We tailor services to meet individuals' needs in all areas of life including health, education, employment, social, recreational, mental health, and spirituality.

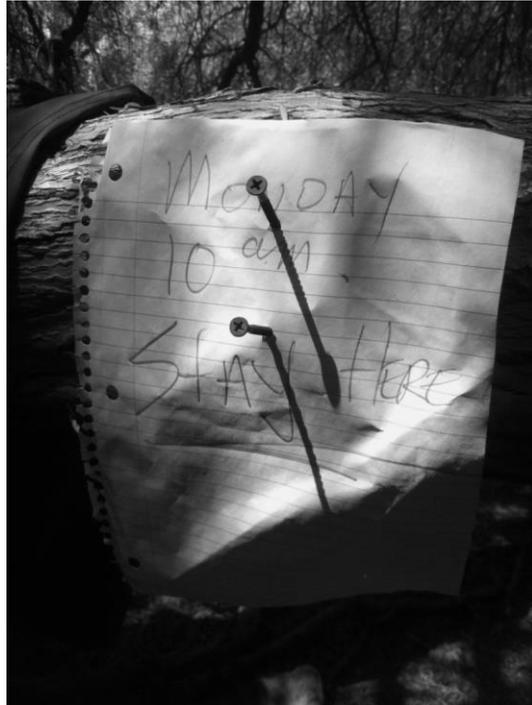
\* We also offer a computer lab, community resources, and library books to the general community.

### Population Served:

\* Can generally manage life (i.e. money, housing, medication, able to maintain appointments)



## Contact Information



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