

# Your DMH and MHSA

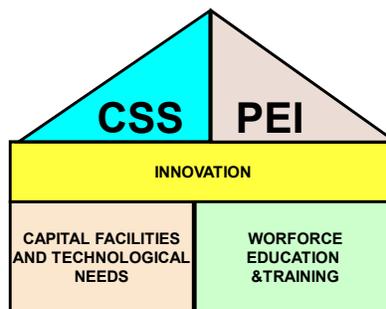
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PAUL STANSBURY

MARCH 27, 2019

## MHSA as Key County Infrastructure

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## MHSA Funding Information

MHSA funding is allocated as follows:

Component	Annual Percentage of MHSA	Reversion Period
CSS	76%	3 years
PEI	19%	3 years
INN	5%	3 years*
WET	One time funding	10 years
CF	One time funding	10 years
TN	One time funding	10 years

\* The county is required to utilize 5% of the total funding for CSS and PEI for Innovation Programs.  
Counties can allocate up to 20% for CF/TN, WET and the Prudent Reserve for any year after 07-08.

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## Estimated MHSA Annual Allocation By Fiscal Year

Fiscal Year	CSS	PEI	INN	Total
2016-17	\$382	\$95.5	\$25.1	\$502.6
2017-18	\$436.1	\$109	\$27.2	\$572.3
2018-19	\$405.8	\$101.5	\$26.7	\$534
2019-20	\$431	\$107.7	\$28.4	\$567.1

Projections are in millions. Los Angeles estimate is based on 28.56% of State allocation outlined in DHCS info notice 13-15.

Allocations don't include Medi-Cal or EPSDT or unspent funds from previous fiscal years.

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## MHSA Services Available

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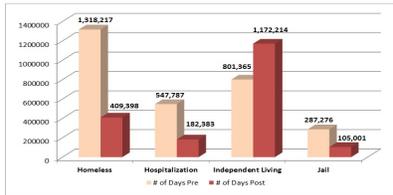
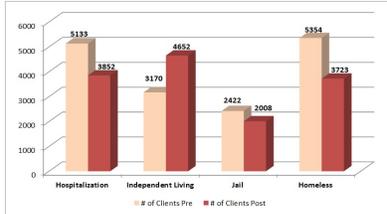
- Outreach and engagement- Engaging the unengaged
- Linkage – Service Area Navigators and Jail Linkage
- Full Service Partnership Programs
  - Reducing justice recidivism
  - Reducing homelessness
  - Comprehensive services for conservatees
- Alternatives to Crisis Services – Avoidance of unnecessary hospitalizations
- Housing
- Recovery, Resilience and Reintegration

## MHSA Services Available

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- Prevention focused on providing services at strategic places of access
  - Identifying those at risk
  - Increasing support and protective factors
- Stigma and Discrimination Reduction activities
- Suicide Prevention
- Early Intervention treatment
  - Depression
  - Trauma
  - First Break Psychosis
  - Disruptive Behaviors
  - Parenting and Family Difficulties
  - Crisis

# FSP Adult Living Arrangement Outcomes



- 69% reduction in days homeless
- 67% reduction in days hospitalized
- 63% reduction in days in jail
- 46% increase in days living independently
- 30% reduction in clients homeless
- 25% reduction in clients hospitalized
- 17% reduction in clients in jail
- 47% increase in clients living independently

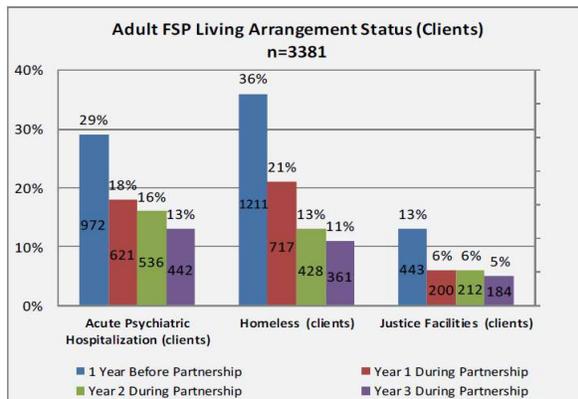
Number of Clients Included: 12,807  
 Number of Baselines Included: 13,481

Pages 53-57 of the MHSA Annual Update

# Adult FSP Living Arrangement Outcomes

Adult FSP has been found to be effective in decreasing the number of homeless, the number of those residing in acute psychiatric facilities and in criminal justice facilities in LA County

Adult FSP Outcomes Report—One Year Data September 2017



Page 54 of the MHSA Annual Update

# Innovation

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- Technology Suite
  - Peer and Family Chatting
  - Manualized Interventions Delivered Via Artificial Intelligence
  - Digital Phenotyping
- Transcranial Magnetic Stimulation for Treatment Resistant Depression

## PEI – Early Intervention Outcomes

Evidence-Based Practices have resulted in improved functioning and reduced mental health symptoms

### Depression

- 55% reduction after completing Managing and Adapting Practice
- 54% reduction after completing Interpersonal Psychotherapy
- 53% reduction after completing Cognitive Behavioral Therapy

### Trauma

- 46% reduction after completing Managing and Adapting Practice
- 51% reduction after completing Trauma-Focused Cognitive Behavior Therapy

### Family Functioning

- 50% reduction after completing Families Over Coming Under Stress

### Disruptive behaviors

- 47% reduction after completing Managing and Adapting Practice
- 50% reduction after completing Triple P Parenting

## On the Horizon Outcomes Across Services

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Adults- Gallup Well-Being Scale *In procurement process*

Exploring gaining access to and using available county data sources for purposes of prevention, early identification and intervention and outcomes

Longitudinal approaches to identifying risk factors and social determinants of health on longer term outcomes

- ❖ Strategic use of data to drive services and achieve outcomes
  - ❖ Outcomes driving service delivery approaches
  - ❖ Increasing access to care and network adequacy standards utilizing a data-driven level of care system

## MHSA as a Vehicle for Addressing Unmet Mental Health Needs

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- Populations in Need
- Service Strategies
- Opportunities for Prevention
- Innovation

## YourDMH - Service Area 8

Develop active partnership between Los Angeles County Department of Mental Health and diverse groups of stakeholders who work collaboratively with consumers, family and community members

Produce community driven stakeholder priorities that will provide feedback to guide DMH in the development of its Departmental Action Plan.

Create a community driven platform for the voice of stakeholders in the development of the MHSA Three Year Plan, Annual Updates and Innovation Programs.

Your DMH Cultural Communities Leadership Committee and Subcommittees to represent the interests of stakeholders from historically unserved, underserved and/or inappropriately served cultural communities in the development of priorities to advise DMH action plan on services, create partnerships, to increase access and, decrease stigma and reduce disparities

## For More Information

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### On MHSA

<https://dmh.lacounty.gov/about/mhsa/announcements>

### For Service Area 8 Advisory Committee

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