Your DMH and MHSA

PAUL STANSBURY
MARCH 27, 2019

MHSA as Key County Infrastructure
MHSA Funding Information

MHSA funding is allocated as follows:

<table>
<thead>
<tr>
<th>Component</th>
<th>Annual Percentage of MHSA</th>
<th>Reversion Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSS</td>
<td>76%</td>
<td>3 years</td>
</tr>
<tr>
<td>PEI</td>
<td>19%</td>
<td>3 years</td>
</tr>
<tr>
<td>INN</td>
<td>5%</td>
<td>3 years*</td>
</tr>
<tr>
<td>WET</td>
<td>One time funding</td>
<td>10 years</td>
</tr>
<tr>
<td>CF</td>
<td>One time funding</td>
<td>10 years</td>
</tr>
<tr>
<td>TN</td>
<td>One time funding</td>
<td>10 years</td>
</tr>
</tbody>
</table>

*The county is required to utilize 5% of the total funding for CSS and PEI for Innovation Programs. Counties can allocate up to 20% for CF/TN, WET and the Prudent Reserve for any year after 07-08.

Estimated MHSA Annual Allocation By Fiscal Year

<table>
<thead>
<tr>
<th>Fiscal Year</th>
<th>CSS</th>
<th>PEI</th>
<th>INN</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016-17</td>
<td>$382</td>
<td>$95.5</td>
<td>$25.1</td>
<td>$502.6</td>
</tr>
<tr>
<td>2017-18</td>
<td>$436.1</td>
<td>$109</td>
<td>$27.2</td>
<td>$572.3</td>
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<tr>
<td>2018-19</td>
<td>$405.8</td>
<td>$101.5</td>
<td>$26.7</td>
<td>$534</td>
</tr>
<tr>
<td>2019-20</td>
<td>$431</td>
<td>$107.7</td>
<td>$28.4</td>
<td>$567.1</td>
</tr>
</tbody>
</table>

Projections are in millions. Los Angeles estimate is based on 28.56% of State allocation outlined in DHCS info notice 13-15.

Allocations don’t include Medi-Cal or EPSDT or unspent funds from previous fiscal years.
MHSA Services Available

- Outreach and engagement - Engaging the unengaged
- Linkage – Service Area Navigators and Jail Linkage
- Full Service Partnership Programs
  - Reducing justice recidivism
  - Reducing homelessness
  - Comprehensive services for conservatees
- Alternatives to Crisis Services – Avoidance of unnecessary hospitalizations
- Housing
- Recovery, Resilience and Reintegration

MHSA Services Available

- Prevention focused on providing services at strategic places of access
  - Identifying those at risk
  - Increasing support and protective factors
- Stigma and Discrimination Reduction activities
- Suicide Prevention
- Early Intervention treatment
  - Depression
  - Trauma
  - First Break Psychosis
  - Disruptive Behaviors
  - Parenting and Family Difficulties
  - Crisis
FSP Adult Living Arrangement Outcomes

69% reduction in days homeless
67% reduction in days hospitalized
63% reduction in days in jail
46% increase in days living independently
30% reduction in clients homeless
25% reduction in clients hospitalized
17% reduction in clients in jail
47% increase in clients living independently

Number of Clients Included: 12,807
Number of Baselines Included: 13,481

Adult FSP Living Arrangement Outcomes

Adult FSP has been found to be effective in decreasing the number of homeless, the number of those residing in acute psychiatric facilities and in criminal justice facilities in LA County.
Innovation

- Technology Suite
- Peer and Family Chatting
- Manualized Interventions Delivered Via Artificial Intelligence
- Digital Phenotyping
- Transcranial Magnetic Stimulation for Treatment Resistant Depression

PEI – Early Intervention Outcomes

Evidence-Based Practices have resulted in improved functioning and reduced mental health symptoms

**Depression**
- 55% reduction after completing Managing and Adapting Practice
- 54% reduction after completing Interpersonal Psychotherapy
- 53% reduction after completing Cognitive Behavioral Therapy

**Trauma**
- 46% reduction after completing Managing and Adapting Practice
- 51% reduction after completing Trauma-Focused Cognitive Behavior Therapy

**Family Functioning**
- 50% reduction after completing Families Over Coming Under Stress

**Disruptive behaviors**
- 47% reduction after completing Managing and Adapting Practice
- 50% reduction after completing Triple P Parenting
On the Horizon
Outcomes Across Services

Adults- Gallup Well-Being Scale *In procurement process*
Exploring gaining access to and using available county data sources for purposes of prevention, early identification and intervention and outcomes
Longitudinal approaches to identifying risk factors and social determinants of health on longer term outcomes
- Strategic use of data to drive services and achieve outcomes
- Outcomes driving service delivery approaches
- Increasing access to care and network adequacy standards utilizing a data-driven level of care system

MHSA as a Vehicle for Addressing Unmet Mental Health Needs
- Populations in Need
- Service Strategies
- Opportunities for Prevention
- Innovation
YourDMH - Service Area 8

Develop active partnership between Los Angeles County Department of Mental Health and diverse groups of stakeholders who work collaboratively with consumers, family and community members.

Produce community driven stakeholder priorities that will provide feedback to guide DMH in the development of its Departmental Action Plan.

Create a community driven platform for the voice of stakeholders in the development of the MHSA Three Year Plan, Annual Updates and Innovation Programs.

Your DMH Cultural Communities Leadership Committee and Subcommittees to represent the interests of stakeholders from historically unserved, underserved and/or inappropriately served cultural communities in the development of priorities to advise DMH action plan on services, create partnerships, to increase access and, decrease stigma and reduce disparities.

For More Information

- On MHSA
  https://dmh.lacounty.gov/about/mhsa/announcements

- For Service Area 8 Advisory Committee
  contact Paul Stansbury pstans5@aol.com or Alee@dmh.lacounty.gov