



COUNCILMAN  
**JOE BUSCAINO**  
15TH COUNCIL DISTRICT  
[www.LA15th.com](http://www.LA15th.com)



# COMMUNITY RESOURCE GUIDE 2013

## SERVING THE 15TH DISTRICT

HARBOR CITY • HARBOR GATEWAY • SAN PEDRO • WATTS • WILMINGTON

Dear Community Member:

Our office has compiled this *Community Resource Guide* to better serve the needs of our residents. It provides a comprehensive listing of social services available in the Fifteenth Council District, and gives users a quick view of the resources in our community in a more efficient way. We feel this guide will serve as a tool to ultimately enable community members to continue to live wholesome and empowered lives.

Our Council District staff developed this guide from information acquired from Toberman Neighborhood Center's Resource Guide, and the *Rainbow Resource Directories*. We are especially pleased to partner with the Community Development Department (CDD) in the production of this guide. CDD works with numerous agencies and service providers throughout Los Angeles to meet the needs of families, youth, job-seekers and businesses.

While we have made every effort to provide the most up-to-date listings, there may be some service contact information that might have changed following the printing of this guide. For additional information on this guide, or about the 15<sup>th</sup> Council District, please call (310) 732-4515.

Sincerely,

Councilman Joe Buscaino  
15<sup>th</sup> District  
City of Los Angeles  
[www.LA15th.com](http://www.LA15th.com)



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**Central San Pedro Neighborhood Council**

1840 S. Gaffey Street, Box 212

San Pedro, CA 90731

(310)918-8650

[www.sanpedrocity.org](http://www.sanpedrocity.org)

“We, the members of San Pedro neighborhoods, together in unity and understanding, and, at the gate of self government, are gathering to welcome everyone: residents, homeowners, businesses, churches, renters, organizations and others to make life a satisfying experience in our community of San Pedro.”

**Coastal San Pedro Neighborhood Council**

Cabrillo Plaza, Berth 28, Via Cabrillo Marina Way,

San Pedro, CA 90731

[www.cspnc.org](http://www.cspnc.org)

The Coastal San Pedro Neighborhood Council is an advisory group of people who live, work, or own property in Coastal San Pedro. We’re composed of neighbors, by neighbors, for neighbors to make a positive difference in our neighborhood.

**Communities for a Better Environment**

116 E. Pacific Coast Highway Suite 200

Wilmington, Ca 90744

(310) 952-9097

(310) 925-4924 Fax

[www.cbecal.org](http://www.cbecal.org)

Communities for a Better Environment has worked since the 1990s in Wilmington alongside residents demanding a better quality of life, and together have been successful in winning enforcement of regulations and tough new policies.

**Cruces Community Collaborative Group, Inc.**

P.O. Box 583

Wilmington, CA 90748-0583

(310) 773-8173

[crucesgroup@ymail.com](mailto:crucesgroup@ymail.com)

We enhance community aesthetics, build neighborhood relationships, instill community pride, boost self-esteem, and “green” our environment. Our goal is to plan, organize and implement projects that enhance the quality of life in Wilmington, such as landscaping, improved light fixtures, sidewalk repairs and street furniture like benches, trash receptacles, and bus shelters as well as roadside vegetation management and similar small-scale projects such as neighborhood clean-ups.



**Harbor City Neighborhood Council**

P.O. Box 921  
Harbor City, CA 90710-0921  
(310) 918-8650  
[www.harborcitync.com](http://www.harborcitync.com)

The Neighborhood Council deals with issues covered by the City of Los Angeles. Through an open and democratic process, we decide what matters most to us in our neighborhood where we live, work, play, study, raise our families, and look hopefully towards the future. We hold public meetings to gain information and hear diverse opinions about the issues. After a vote by the governing board, we take a position and make our recommendations to the City.

**Harbor Gateway North Neighborhood Council**

P.O. Box 3723  
Gardena, CA 90247  
(310) 768-3853  
(310) 538-9654 Fax  
[www.harborgatewaynorth.org](http://www.harborgatewaynorth.org)

The mission of the Harbor Gateway North Neighborhood Council is to provide an inclusive open forum for public discussion of issues concerning City governance; to look at the needs of this neighborhood council and the delivery of City services to this council; and to adhere on matters of a City-wide nature.

**Los Angeles County Commission on Human Relations**

3175 West Sixth Street  
Los Angeles, Ca 90020  
(213) 738-2788  
[www.lahumanrelations.org](http://www.lahumanrelations.org)

The Commission is committed to fostering harmonious and equitable inter-group relations; empowering communities and institutions; and promoting an informed and inclusive multicultural society. We serve the City of Los Angeles.

**Northwest San Pedro Neighborhood Council**

638 S. Beacon Street, Box 688  
San Pedro, CA 90731  
(310)-732-4522  
[www.nwsanpedro.org](http://www.nwsanpedro.org)

Our Neighborhood Council is a locally-elected advisory body to the City of Los Angeles. We have formed to make city government more responsive to its citizens, and to encourage the cohesiveness of neighborhoods.

**San Pedro Service Center**

769 W. 3<sup>rd</sup> Street  
San Pedro, Ca 90731  
(310) 519-6091  
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. Health Insurance counseling and advocacy (HICAP) provides multilingual counseling, advocacy, and assistance to Medicare beneficiaries about Medicare, private health insurance, and related health care coverage plans on Mondays from 10:00 a.m. – 2:00 p.m.

**Watts/Century Latino Organization (WCLO)**

10360 Wilmington Avenue  
Los Angeles, CA 90002  
(323) 564-9140  
[www.wattscenturylatino.org](http://www.wattscenturylatino.org)

Founded in 1900, the Watts/Century Latino Organization is a non-profit, community-based organization dedicated to supporting the development of healthy neighborhoods and self-sufficient families. Working with the public and private sector agencies, we engage in comprehensive community development projects and programs.

**Watts Labor Community Action Committee (WLCAC)**

10950 S. Central Avenue  
Los Angeles, CA 90059  
(323) 563-5639

The WLCAC is a non-profit, community based, human social services organization dedicated to improving the quality of life for South Central Los Angeles residents.

**Watts Neighborhood Council**

10221 Compton Avenue. #106A  
Los Angeles, CA 90002  
(323) 564-0260  
[wattsnc@sbcglobal.net](mailto:wattsnc@sbcglobal.net)

The Watts Neighborhood Council encourages participation from community members; they advise, and participate in a variety of projects to improve the quality of life in Watts.

**Watts Towers Community Action Council**

1727 E. 107<sup>th</sup> Street  
Los Angeles, CA 90002  
(323) 582-5908

To promote, participate, collaborate, and advocate for the restoration and development of the Watts Towers Cultural Crescent and surrounding community.



**Wilmington Community Organization**

(310) 626-5946

[wilmcomorg@hotmail.com](mailto:wilmcomorg@hotmail.com)

Wilmington Community Organization is a neighborhood watch group.

**Wilmington Coordinating Council**

100 Water Street

Wilmington, Ca 90744

(310) 834-4895

[Wilmingtoncoordinatingcouncil@yahoo.com](mailto:Wilmingtoncoordinatingcouncil@yahoo.com)

The Coordinating Council honors students, teachers, and community members who donate their valuable time contributing to our community in order to make it a better place.

**Wilmington Neighborhood Council**

544 N. Avalon Boulevard

Wilmington, CA 90744

(310) 522-2013

(310) 522-2014 Fax

[www.wilmingtonneighborhoodcouncil.com](http://www.wilmingtonneighborhoodcouncil.com)

The Wilmington Neighborhood Council promotes participation by all members of the community and advises government agencies to improve the quality of life for all in Wilmington.

**Alcohol and Drug Rehabilitation**

**Alano Club - San Pedro**

12-Step Program

2001 S. Pacific Avenue

San Pedro, CA 90731

(310)833-3525

[www.sanpedroalanoclub.com](http://www.sanpedroalanoclub.com)

Alano is a non-alcoholic, non-drug social environment specializing in outpatient, dual diagnosis care.

We hold approximately 4 meetings per day, 7 days a week for AA and NA in a safe and sober location.

There are games and recreation available. We have a recovery house and sober living information

available; walk-in or call. Hours: Mon-Sun 6:00a.m.-10:00 p.m.

**Behavioral Health Services Inc (BHS)**

13118 N. Avalon Boulevard, Suite A

Wilmington, Ca 90744

(310) 549-2710

[www.bhs-inc.org](http://www.bhs-inc.org)

We have outpatient drug and alcohol treatment, education programs and counseling.

**Cannon Human Services - Watts**

9705 S. Holmes Street  
Los Angeles, CA 90002  
(323) 249-9097  
Cannon Human Services specializes in drug rehabilitation.

**House of Hope Foundation**

P.O. Box 921  
235 W. 9<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 831-9411  
(310) 831-5796 Fax  
[www.houseofhopesp.org](http://www.houseofhopesp.org)  
House of Hope offers up to 4-months of residential treatment for single females between the ages of 18-64 years. The goal is to help women strive for reunification with their children. Clothing and food/meals and nutrition programs are available. Hours: Mon-Fri 8:00 a.m.–5:00 p.m.

<b>Battered Persons/Victim/Adult Abuse</b>
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**Domestic Violence Helpline**

Rainbow Services, Ltd.  
P.O. Box 5047  
153 W. 4<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 547-9343  
(310) 548-5450  
(310) 548-2805 Helpline  
[www.rainbowservicesdv.org](http://www.rainbowservicesdv.org)  
Rainbow Services, along with other domestic violence agencies, is a part of a network that aims to keep families safe. We do our best to provide support and assistance for women and children dealing with family violence.

**Rainbow Services**

24 Hour Domestic Violence Hotline and Outreach Service Center  
(Confidential Site)  
San Pedro, CA 90731  
(310) 548-5450  
(310) 548-0611 Fax  
[www.rainbowservicesdv.org](http://www.rainbowservicesdv.org)  
Rainbow Services offers legal aid, benefits eligibility assistance, case management, parenting education, domestic violence services, counseling, discharge planning, and referral follow-through. English and Spanish are spoken. Hours: by appointment only.

**Rainbow House Emergency Shelter**

(Confidential Site)

San Pedro, CA 90731

(310) 548-5450

(310) 548-0611 Fax

(310) 547-9343 Hotline

[www.rainbowservicesdv.org](http://www.rainbowservicesdv.org)

Emergency food, meals, emergency shelter, transitional housing, legal aid, benefits eligibility assistance, case management, parenting education, domestic violence services, and counseling are provided. English and Spanish are spoken. Hours: 24 hours, 7 days a week.

**Villa Paloma**

(Confidential Site)

San Pedro, CA 90731

(310) 548-5450

(310) 548-0611 Fax

(310) 521-1193 After-hours Contact

[www.rainbowservicesdv.org](http://www.rainbowservicesdv.org)

Clients include female survivors of domestic violence and their children who are graduating from an emergency violence shelter. Services include: transitional housing, legal aid, benefits eligibility assistance, case management, employment, job training, job search assistance, domestic violence services, counseling, discharge planning and referral follow-through. Hours: Mon-Fri 9:00 a.m.–5:00 p.m.

**Sexual Assault Response Team (SART)**

Providence Little Company of Mary Hospital

1300 W. 7<sup>th</sup> Street

San Pedro, CA 90732

(310) 832-3311

[www.providence.org](http://www.providence.org)

Offered at Providence Little Company of Mary Hospital, SART services include: forensic nurse, counselor, advocate and police officer. The team will meet victim at sites to assist in sexual assault cases, acting as counselors and investigators, retaining evidence in case prosecution. All information is confidential until trial (if there is a trial). Hours: Mon–Fri 9:00 a.m.-5:00 p.m. Serves: L.A. County.

**Business Resources**

**Business Retention/Lay-Off Aversion**

We are operated by the Pacific Gateway Workforce Investment Network, San Pedro, Wilmington and Harbor City-Gateway Chambers of Commerce. The contact information for each Chamber is listed below. This is a no cost business assistance program designed to help at-risk businesses before they downsize or close; and to quickly link them with aid to retain and strengthen their operations.

(310) 909-6529.

**Community Development Department (CDD)**

638 S. Beacon Street, Second Floor

San Pedro, Ca 90731

(310) 732-4645

(310) 732-4669 Fax

The CDD partners with agencies and service providers throughout Los Angeles to meet the needs of families, youth, job-seekers, and businesses.

**Harbor City/Harbor Gateway Chamber of Commerce**

1400 W. 240th Street

Harbor City, CA 90710

(310) 534-3143

(310) 534-3178

[www.hchgchamber.com](http://www.hchgchamber.com)

The Mission of the Harbor City/Harbor Gateway Chamber of Commerce is to help businesses grow and prosper by fostering a dynamic partnership between government, community, and business; and to encourage a healthy and secure environment where all can thrive.

**Harbor Business Source Center**

455 West 6<sup>th</sup> Street

San Pedro, Ca 90731

(310) 909-6529

[www.labusinesssource.org](http://www.labusinesssource.org)

The Los Angeles Business Source Centers provide start-up ventures and current small business owners various cost effective tools to make their business a success. Services provided: business assessments, financial management, marketing assistance, and networking.

**Harbor WorkSource Center**

1851 N. Gaffey Street

San Pedro, CA 90731

(310) 732-5700

[www.pacificgatewayworkforce.com](http://www.pacificgatewayworkforce.com)

Services provided to businesses: locate and pre-screen candidates, schedule interviews, and employee training.

**San Pedro Chamber of Commerce**

390 W. 7<sup>th</sup> Street

San Pedro, CA 90731

(310) 832-7272

[www.sanpedrochamber.com](http://www.sanpedrochamber.com)

The Chamber's mission is to promote, support and advocate the interests of the business community by actively working to develop a vital and sustainable local economy that enhances the social and environmental resources of the community.

**Wilmington Chamber of Commerce**

544 N Avalon Boulevard # 104

Wilmington, CA 90744

(310) 834-8586

[www.wilmington-chamber.com](http://www.wilmington-chamber.com)

The Wilmington Chamber of Commerce is a form of business network, e.g., a local organization of businesses whose goal is to further the interests of businesses. We promote, support and enhance a positive business environment and work to improve the quality of life in the community.

**[www.JobLA.org](http://www.JobLA.org)**

JobLA.org is a powerful online hub for the state’s workforce services focusing on job openings and job candidates. Services provided include: job search assistance, qualified employee recruitment, training opportunities, career planning, labor market data, and much more.

**Child Abuse Prevention/Treatment**

**Toberman Neighborhood Center**

131 N. Grand Avenue

San Pedro, CA 90731

(310) 832 -1145

[www.toberman.org](http://www.toberman.org)

Toberman is a non-profit, multi-purpose neighborhood center that provides various social service programs to assist Harbor area families and individuals by delivering life-sustaining services that encourage, inform, educate and empower them to live healthy and purposeful lives. Programs for children and youth, ages 5-18 years of age include the following: delinquency prevention, counseling, child abuse prevention, drug counseling and testing, domestic violence counseling, independent home studies high school, social development for seniors, recreation, after-school activities, athletics and fitness, team sports, support groups, job preparedness training, and services within the Family Resource Center. Service areas are San Pedro, Harbor City, Harbor Gateway, and Wilmington.

**Child Care**

**Boys & Girls Club of Harbor City**

1220 W. 256<sup>th</sup> Street

Harbor City, CA 90710

(310) 534 - 7129

(310) 534 - 7138 Fax

[www.bgclaharbor.org](http://www.bgclaharbor.org)

Focus is on youth services for boys & girls. The following activities are offered: recreation, informal guidance, league sports, educational programs, computer skills training, health & life skills, homework & tutorial, after school childcare, delinquency prevention programs, and ESL classes. We are a non-profit agency. Hours: Mon-Fri., 9:00 a.m.-7:30p.m. Spanish/English are spoken; ages 6-18yrs. Serves the South Bay.

**Boys & Girls Club - Wilmington**

1444 West Q. Street  
Wilmington, CA 90744  
(310) 549 – 8323  
(310) 549 – 2439 Fax  
[www.bgclaharbor.org](http://www.bgclaharbor.org)

Our focus is on youth guidance and prevention programs offering academic enrichment & a variety of recreational activities, game room, athletics, karate classes, arts & crafts, computer learning center, also a full summer and off-track inter-session day camp. Additional emphasis is on gang prevention services through targeted outreach; ages 6-18 years. Funding: donations, and grants; a nonprofit. Hours: Mon-Fri 7:00 a.m.-7:00 p.m. Spanish is spoken. There is a sliding fee scale & scholarships for low-income families. Service area: Harbor

**Cabrillo Early Education Center**

L.A. Unified School District  
741 W. 8<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 832-2809  
(310) 833-5956 Fax

Cabrillo is an extended day program where the school day is extended before and after school to accommodate working parents. This is a program within a school that provides services and training to students with moderate to severe mental and/or physical disabilities.

**Hawaiian Avenue Early Education Center**

L.A. Unified School District  
501 Hawaiian Avenue  
Wilmington, CA 90744  
(310) 834-7186  
(310) 843-3391 Fax

Hawaiian Avenue Early Education Center is a public school located in Wilmington that is affiliated with the Los Angeles Unified School District. Hawaiian Avenue Early Education Center operates from September 13 to June 24 (year round). We serve 124 students in pre-kindergarten with special education programs are available.

**Kedren Community Health Center Head Start - Watts**

9622 Beach Street  
Los Angeles, Ca 90002  
(323) 777-1411

Kedren Community Health Center is a private, nonprofit 501c(3) organization with focus on acute psychiatric hospital & community mental health programs, along with head start/state preschool and family services programs.

**New Harbor Vista Comprehensive Child Development Center**

909 West D Street  
Wilmington, Ca 90744  
(562) 427-8834  
[www.ccdlb.org](http://www.ccdlb.org)

The New Harbor Vista Comprehensive Child Development Center provides education for preschool-aged children.

**Nickerson Gardens Sage Center - Watts**

1450 E. 114<sup>th</sup> Street  
Los Angeles, Ca 90059  
(323) 249-1361

Nickerson Gardens Sage Center provides child-care for children, ages 3 to 12, who live in Nickerson Gardens Housing Development.

**San Pedro Service Center**

769 W. 3<sup>rd</sup> Street  
San Pedro, Ca 90731  
(310) 514-4999  
(310) 519-6091  
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. CCD staff provides child care and early childhood education programs for infants, toddlers, and preschool children whose parents work or attend school. Services are provided Mon.-Fri. 7:00a.m. – 5:45p.m. Cost on a sliding scale.

**Park Western Early Education Center**

L.A. Unified School District  
1220 Park Western Place  
San Pedro, CA 90732  
(310) 833-2875  
(310) 548-0177 Fax

Park Western Early Education Center works with children ages 2-8 years, and the center operates 12 months per year with limited capacity. Hours: Mon-Fri., 6:00 a.m.–6:00 p.m.

**San Pedro CAS Early Education Center**

L.A. Unified School District  
950 W. Santa Cruz Street  
San Pedro, CA 90731  
(310) 831-4803  
(310) 519-7954 Fax

Serves children ages 2-5 years old, and operates daily, 12 months of the year. There is limited capacity. Hours: Mon-Fri 7:00 a.m.–4:30p.m.



**Small World Learning Center Pre School**

1749 North Avalon Boulevard

Wilmington, CA 90744

(310) 549-0303

Small World Learning Center No. 2 is a preschool that accepts children 2 to 5 years old; it is religious in nature.

**Volunteers of America Robert F. Kennedy**

334 Figueroa Street

Wilmington, CA 90744

(310) 830-3404

[www.voala.org](http://www.voala.org)

We are a head start school that serves children, ages 3-5 years-old with special needs and are from low-income families—there is no fee involved.

**Watts Towers Head Start**

1716 E. 105<sup>th</sup> Street

Los Angeles 90002

(323) 567-5852

Watts Towers is a licensed day care center provider that serves the Los Angeles area; ages 3 to 5 years-old. There is a maximum capacity of 40.

**Wilmington Head Start**

445 North Avalon Boulevard

Wilmington, CA 90744

(310) 847-1801

(310) 257-6892

[www.wilmheadstart.org](http://www.wilmheadstart.org)

Wilmington Head Start has been a premier pre-school program in the City of Wilmington for over 30 years. We promote school readiness and success in later life by enhancing the social and cognitive development of children through the provision of education, health, nutrition, and social services to children and their families.

**YWCA of the Harbor Area & South Bay**

WORLD TOTS LA

100 W. 5<sup>th</sup> Street

San Pedro, CA 90731

(310) 732-7697

[www.ywcaharbor.org](http://www.ywcaharbor.org)

Our mission is to foster the economic self-sufficiency and emotional and physical well-being of women and girls in a world of peace, racial justice, dignity, freedom and equality for all. We are a year round development child-development program that serves children 6 weeks–5 years of age. We provide toilet learning. Hours: Mon-Fri 6:30a.m.-6:00 p.m. Please call as we have a waiting list.

## Correction/Prison/Probation

### **Friends Outside**

1829 E. 103<sup>rd</sup> Street  
Los Angeles, CA 90002  
(323) 789-4815 Ext. 212  
[www.friendsoutside.org](http://www.friendsoutside.org)

The mission of Friends Outside is to assist children and families, prisoners, and former prisoners with the immediate and long-term effects of incarceration, and to act as a bridge between those we serve, the community at large, and the criminal justice system, thereby enhancing the character of justice.

## Counseling

### **The Guidance Center**

160 W. 6<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 833-3135  
(310) 833-3572 Fax  
[www.tgclb.org](http://www.tgclb.org)

Mental health services are provided for children, youth and their families. Services for children 2-17 years includes: psychotherapy, substance abuse counseling, inpatient rehabilitation and outpatient child day rehabilitation, multi-systematic family therapy, intensive mental health, probation and children and family services, school based mental health services; early intervention initiative, dual-diagnosis prevention, assessment and treatment, mentoring program, juvenile justice and gang diversion, and Connections Adolescent Day Treatment. Additional services include: ADHD assessment and treatment, parenting education, training and support, family preservation and Cal Work's mental health.

### **Harbor View House**

Residential Nursing Care / Mentally Ill Adults  
921 S. Beacon Street  
San Pedro, CA 90731  
(310) 547-3341  
(310) 547-1384 Fax  
[www.hvi.com](http://www.hvi.com)

We are a residential and intermediate care (nursing) for mentally ill adults. Services include the following: rehabilitation program, life support, 14-day crisis intervention housing for mentally ill homeless adults, counseling, food, shelter, and case management. We also advocate for entitlements in the county mental system, housing assistance, and life support provided free of charge under Short-Doyle system. Referrals are from the County Mental Health system. Medi-Cal is accepted.

### **L.A. County Mental Health - San Pedro**

San Pedro Mental Health Center

150 W. 7<sup>th</sup> Street

San Pedro, CA 90731

(310) 519-6100

(310) 732-5809 Fax

[www.lacounty.info](http://www.lacounty.info)

In partnering with clients, families and communities to create culturally competent opportunities for Hope, Wellness and Recovery, the Los Angeles County Department of Mental Health is committed to serving, improving and making a difference in the lives of Los Angeles County residents diagnosed with mental illness. There is a wealth of resources on mental health issues, inspirational stories of wellness and recovery, and you can explore tools to help in the recovery process. Recovery from mental illness is a realistic goal, and the Los Angeles County Department of Mental Health supports individuals and families in achieving this goal.

### **Providence Little Company of Mary Hospital**

Bridges Program

1300 W. 7<sup>th</sup> Street

San Pedro, CA 90732

(310) 832-3311

[www.providence.org](http://www.providence.org)

Services include the following: in-patient and out-patient psychiatric intensive program for adults with depression, anxiety, stress or other emotional or psychiatric difficulties; partial hospital program. Hours: opens 24/7.

### **South Bay Center for Counseling**

626 N. Avalon Boulevard

Wilmington, Ca 90744

(310) 414-2090

[www.sbaycenter.com](http://www.sbaycenter.com)

South Bay Center for Counseling is a non-profit mental health agency that provides services to the residents of Los Angeles County.

### **San Pedro Service Center**

769 W. 3<sup>rd</sup> Street

San Pedro, Ca 90731

(310) 519-6091

(310) 519-6095 (Angie)

(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. The APS Clerk provides assistance for elders who are experiencing difficulties living alone; facing problems with a caregiver; possible victim of a scam; someone trying to take advantage of your finances; someone trying to force you to sign unfamiliar documents; and if you're just feeling sad and lonely.

**Toberman Neighborhood Center Inc.**

131 N. Grand Avenue

(310) 832-1204

[www.toberman.org](http://www.toberman.org)

The Family Source Center (FSC) at Toberman is the hub for all family services. FSC is designed to strengthen family units, and case management is the core method for meeting this goal. Individuals and families receive carefully developed case plans, helping them move past barriers to develop healthy, independent lives through the following programs: anger management, delinquency prevention counseling and diversion services, domestic violence counseling, drug counseling and testing, financial literacy, and parent/teen program. Please call for hours.

**Volunteers of America Los Angeles**

Harbor City Early Head Start

1081 W. 257<sup>th</sup> Street

Harbor City, CA 90710

(310) 257-6892

(310) 257-0149 Fax

Volunteers of America offers home base and site programs in the South Bay area; educational, social and health services to improve parenting skills; increase awareness in child development, nutrition and health in an effort to strengthen the family unit; individual, family and group counseling. The program serves pregnant women and children up to age three years. Hours: Mon-Fri 8:00 a.m.-4:30p.m. We serve the South Bay area.

**Watts Labor Community Action Committee (WLCAC)**

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

[www.wlcac.org](http://www.wlcac.org)

The WLCAC provides various services which include an access center, shelter plus care, women’s shelter, and transitional housing for mental health clients.

**Death/Hospice/Grief Support**

**Grief Share**

HOPE Chapel, San Pedro

461 W. 9<sup>th</sup> Street

San Pedro, CA 90274

(310) 832-4673

[www.hopesanpedro.com](http://www.hopesanpedro.com)

Those dealing with the death of a loved one, whether recent or long passed, are encouraged to come and be strengthened and encouraged by those who have gone through this process before.

**San Pedro Service Center**

769 W. 3<sup>rd</sup> Street  
San Pedro, Ca 90731  
(310) 519-6091  
(310) 519-6095 (Angie)  
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. The APS Clerk provides assistance for elders who are experiencing difficulties living alone; facing problems with a caregiver; possible victim of a scam; someone trying to take advantage of your finances; someone trying to force you to sign unfamiliar documents; and if you're just feeling sad and lonely.

<b>Dental Care</b>
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**Assistance League - San Pedro/South Bay**

1441 W. 8<sup>th</sup> Street  
San Pedro, CA 90732  
(310) 832-8355  
(310) 832-8460 Fax

[www.sanpedrosouthbay.assistanceleague.org](http://www.sanpedrosouthbay.assistanceleague.org)

The Assistance League provides quality low-cost dental care to children from preschool to high school ages from low income families.

**Family Dentistry**

11116 S. Main Street  
Los Angeles, CA 90061  
(323) 564-4417

Family dentistry offers general and orthodontic care. Hours: Mon, Wed, Fri 10:00a.m-1:00p.m., Thurs 10:00a.m.-6:00p.m.

**Medi-cal Dentist**

Bright Now Dental  
697 S. Gaffey Street  
San Pedro, CA 90731  
(310) 548 - 1273  
(310) 548 - 0753 Fax

Hours: Mon, Thurs 10:00 a.m.-7:00 p.m., Tues 11:00 a.m.-8:00p.m., Fri 9:00 a.m.-6:00 p.m., Sat 8:00 a.m.-4:00 p.m. Spanish and Tagalog are spoken.

## Disabled/Special Ed/Rehabilitation

### **Carolyn Kordich Family Resource Center**

Harbor Area Early Intervention Council

1135 W. 257<sup>th</sup> Street

Harbor City, CA 90710

(310) 325 - 7288

(310) 325 - 7288 Fax

The Family Resource Center focuses on families with special needs. It offers resource information & referrals, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library. We conduct monthly parent education workshops. Funding: non-profit, donations, grants, government funding. Hours: Mon-Fri 9:00 a.m.-1:00 p.m. Spanish is spoken. Requirements: families with children, birth-3years who have disabilities or who are at risk of a disability. Serves: Harbor City, Harbor Gateway, Lomita, San Pedro, Wilmington and part of Carson.

### **Easter Seals - San Pedro**

1453 W. 8<sup>th</sup> Street, Ste. A

San Pedro, CA 90732

(310) 831 - 5902

(310) 831 - 3260 Fax

The following services are provided by Eastern Seals: job training & placement, adult day services, independent living skills training and social activities for disabled adults. Funding: nonprofit. Hours: Mon-Fri 9:00 a.m.-3:00 p.m. Spanish is spoken. Requirements are: Disabled. We service Los Angeles County.

### **Harbor Occupational Center**

740 N. Pacific Avenue

San Pedro, CA 90731

(310) 547 - 5551

(310) 547 - 4974 Fax

The Harbor Occupational Center provides vocational training courses with an emphasis on job placement, extensive vocational counseling and resources, reading, GED prep and high school diploma classes. Open entry-open exit. Programs serve adults and teens. Classes are offered during the day, evenings and Saturday. Adults with disabilities program available for students with verified disabilities. Funding is through LAUSD and AEW. Spanish is spoken. There is a small fee for classes. Serves: South Bay & nearby communities.

**Harbor View House**

Residential Nursing Care/Mentally Ill Adults

921 S. Beacon Street

San Pedro, CA 90731

(310) 547-3341

(310) 547-1384 Fax

[www.hvi.com](http://www.hvi.com)

Residential and intermediate care (nursing) for mentally ill adults; includes day rehab program and life support. 14-day crisis intervention housing for mentally ill homeless adults includes: counseling, food, shelter & case management. Hours: Mon-Fri 8:30a.m.-5:00 p.m. Referrals are from the County Mental Health division; we accept Medi-Cal.

**South Bay Vocational Center**

1526 W. 240<sup>th</sup> Street

Harbor City, CA 90710

(310) 784 - 2032

We offer supportive employment services, social activity, personal & social adjustment, work activity center for persons ages 18yrs+ with developmental disability. Hours: Mon-Fri 8:00 a.m.-5:00 p.m. Requirements: Referrals accepted from Harbor, South Central and the Westside regional Centers; and serves South Bay and nearby communities.

**San Pedro Mental Health Services**

769 West 3<sup>rd</sup> Street

San Pedro, CA 90731

(310) 519 - 6100

San Pedro Mental Health provides services to community clients, crisis intervention, case management, community promotion, life support, and outpatient. Hours: Mon-Fri 8:00a.m.-4:00 p.m.

**Watts Labor Community Action Committee (WLCAC)**

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

[www.wlcac.org](http://www.wlcac.org)

The WLCAC provides various services including, an access center, shelter plus care, women's shelter, and transitional housing for mental health clients.



**Willenberg Special Center**

L.A. Unified School District

308 Weymouth Avenue

San Pedro, CA 90732

(310) 548 – 1371

(310) 832 – 5791 Fax

Special Education classes are offered to severely disabled and emotionally disabled children, ages 3-22 years of age. This is an option school. Funding: government with the following requirements-child must be severely disabled. Our services are free and we serve the south of Gardena.

<p><b>Disaster/Safety/Emergency</b></p>
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**For life threatening emergencies, please call 911**

**Fire Departments**

**Harbor City:**

Station #85

1331 W. 253<sup>rd</sup> Street

Harbor City, CA 90710

**Harbor Gateway:**

Station #79

18030 S. Vermont Avenue

Gardena, CA 90247

**San Pedro:**

Station #112

444 S. Harbor Boulevard, Berth 86

San Pedro, CA 90731

Station #48

1601 S. Grand Avenue

San Pedro, CA 90731

Station #101

1414 25<sup>th</sup> Street

San Pedro, CA 90732

Station #40

330 Ferry Street

San Pedro, CA 90731

Station #111

1444 S. Seaside Avenue, Berth 260

San Pedro, CA 90731

**Watts:**

Station #64  
118 W. 108<sup>th</sup> Street  
Los Angeles, CA 90061

Station #65  
1525 E. 103<sup>rd</sup> Street  
Los Angeles, Ca 90002

**Wilmington:**

Station #38  
124 E. I Street  
Wilmington, CA 90744

<b>Drug/Alcohol/Tobacco/Addictions</b>
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**AEGIS Medical Systems, Inc.**

1322 N. Avalon Boulevard  
Wilmington, CA 90744  
(310) 513-1300  
(310) 513-1311 Fax  
[www.aegismed.com](http://www.aegismed.com)

Outpatient drug and alcohol treatment program. Detox, methadone maintenance, dual-diagnostic. Licensed program. Hours: 5:00 a.m.–1:30p.m.

**Alano Club - San Pedro**

12-Step Program  
2001 S. Pacific Avenue  
San Pedro, CA 90731  
(310)833-3525  
[www.sanpedroalanoclub.com](http://www.sanpedroalanoclub.com)

We hold approximately 4 meetings per day, 7 days a week for AA and NA clients. This is a safe and sober place to come with TV and video games available. Recovery house and sober living information available, walk-in or call. Hours: Mon-Sat 6:30a.m.–10:00 p.m., Sun 6:30a.m.–8:00 p.m. Clients must attend 12-step meetings.

**Behavioral Health Services, Inc. (BHS)**

Recovery Center-DUI Program

590 W. 8<sup>th</sup> Street

San Pedro, CA 90731

(310) 831- 2358 Ext. 223

[www.bhs-inc.org](http://www.bhs-inc.org)

Our focus is outpatient adolescent and adult drug and alcohol education, and treatment with individual and group counseling. We have a DUI first time offender program servicing persons referred by the court. Hours: Mon-Fri 9:00 a.m.–6:00 p.m.

**Behavioral Health Services, Inc. (BHS)**

Wilmington Community Recovery Center-DUI Program

13118 N. Avalon Boulevard, Suite A

Wilmington, CA 90744

(310) 549-2710

(310) 549-2715 Fax

[www.bhs-inc.org](http://www.bhs-inc.org)

Our focus is outpatient adolescent and adult drug and alcohol education, and treatment with individual and group counseling. We have a DUI first time offender program servicing persons referred by the court. Hours: Mon-Fri 9:00 a.m.–6:00 p.m.

**Fred Brown Recovery Services**

P.O. Box 2734

270 W. 14<sup>th</sup> Street Suite 3

San Pedro, CA 90731

(310) 519-8723

(310) 519-9428 Fax

[www.fredbrownrecovery.org](http://www.fredbrownrecovery.org)

Fred Brown Recovery provides a sober living home with residential treatment and outpatient services. Hours: 24 hours. Men and women, ages 18 years+, must be detoxed.

**House of Hope Foundation Treatment Center**

235 W. 9<sup>th</sup> Street

San Pedro, CA 90731

(310) 831-9411

[www.houseofhopesp.com](http://www.houseofhopesp.com)

Founded in 1955, House of Hope provides a safe, nurturing environment for substance abusing and substance dependent women. The mission is to help women regain their self-awareness, integrity, and dignity and learn how to live life without alcohol and drugs.

**Joint Efforts, Inc.**

505 S. Pacific Avenue, Suite 205

San Pedro, CA 90731

(310) 831-2358

(310) 831-2356 Fax

Joint Efforts provides outpatient drug and alcohol treatment programs, parenting classes, dual diagnosis, HIV/STD testing and counseling. Hours: Mon-Thurs 8:30a.m.–5:30p.m., Fri 8:30a.m.–5:00p.m. Ages 18 years and over.

**Providence Little Company of Mary**

1300 W. 7<sup>th</sup> Street

San Pedro, CA 90732

(310) 832-3311

[www.providence.org](http://www.providence.org)

A 387 bed with acute care hospital with maternity ward, services include: adult chemical dependency program, pediatrics unit, 24 hour emergency room with doctor on duty, ICU, oncology, industrial care center, blood donor center, MRI, skilled nursing pavilion, hospice program, home health care program, cardiac lab. We have a chemical dependency recovery center with the following services: detox, residential treatment, partial hospitalization, outpatient services, relapse treatment, family program, codependency and counseling. Hours: 24 hour service.

**SHAWL House**

Support for Harbor Area Women's Lives

936 S. Centre Street

San Pedro, CA 90731

(310) 521-9310

(310) 521-0359

[www.shawlomenshouse.org](http://www.shawlomenshouse.org)

SHAWL House is an 11-Bed treatment facility for females who are primary substance abusers. We offer: AA & NA, individual counseling, domestic violence counseling, health and nutrition groups. We serve women, ages 18-64 years of age with the maximum stay of 6 months for residential treatment. Hours: 9:00 a.m.–5:00 p.m.

**Toberman Neighborhood Center Inc.**

131 N. Grand Avenue

(310) 832-1204

[www.toberman.org](http://www.toberman.org)

The Family Source Center (FSC) program is a hub for family services, designed to strengthen family units. Case management is the core method for meeting this goal. Individuals and families receive carefully developed case plans, helping them move past barriers to develop healthy, independent lives through the following programs: anger management, delinquency prevention counseling and diversion services, domestic violence counseling, drug counseling and testing, financial literacy, and parent/teen program.

**Western Health Harbor City Clinic**

1647 W. Anaheim Street  
Harbor City, CA 90710-3213  
(310) 534-5590

We offer outpatient detox, alcohol and drug abuse treatment, dual-diagnosis, psychiatric, sober living program, and HIV/AIDS testing. Additionally, we are a licensed program. Hours: Mon-Fri 5:30a.m.-11:00 a.m. There is a sliding scale fee.

**Elected Officials**

**City Council**

District 15

**Joe Buscaino**

Harbor District Office  
638 S. Beacon Street, Suite 552  
San Pedro, CA 90731  
(310)-732-4515

Northern District Office  
10221 Compton Ave., Suite 200  
Los Angeles, CA 90002  
(213)-473-5128

**County Supervisors**

District 2

**Mark Ridley-Thomas**

866 Kenneth Hahn Hall of Administration  
500 W. Temple Street  
Los Angeles, CA 90012  
(213) 974-2222

District 4

**Don Knabe**

822 Kenneth Hahn Hall of Administration  
500 West Temple Street  
Los Angeles, CA 90012  
(213) 974-4444

**State Senator**

District 35

**Roderick D. Wright**

Capitol Office:  
State Capitol, Room 5064  
Sacramento, CA 95814-4900  
(916) 651-4025  
District Office:  
One Manchester Blvd, Suite 600  
Inglewood, CA 90301  
(310) 412-0393

## **State Assembly**

District 64

**Isadore Hall III**

Capitol Office:

State Capitol

P.O. Box 942849

Sacramento, CA 94249-0052

(916) 319-2052

(916) 319-2152 Fax

District Office:

2200 W. Artesia Blvd. Suite 210

Compton, CA 90220

(310) 223-1201

(310) 223-1202 Fax

District 70

**Bonnie Lowenthal**

Capitol Office:

State Capitol

P.O. Box 942849

Sacramento, CA 94249-0054

(916) 319-2054

(916) 319-2154 Fax

District Office:

110 Pine Avenue, Suite 804

Long Beach, CA 90802

(562) 495-2915

(562) 495-2983 Fax

San Pedro Office:

461 W. 6<sup>th</sup> Street, #209

San Pedro, CA 90731

(310) 548-6420

District 66

**Al Muratsuchi**

(To be announced)

## **U.S. Congress**

District 33

**Henry Waxman**

Washington, DC Office:

2204 Rayburn House Office Building

Washington, DC 20515

(202) 225-3976

(202) 225-4099 Fax

District Office:

8436 West Third Street, Suite 600

Los Angeles, CA 90048

(310) 652-3095

(323) 655-0502 Fax

District 43

**Maxine Waters**

Washington, DC Office:

2344 Rayburn House Office Building

Washington, DC 20515

(202) 225-2201

(202) 225-7854 Fax

District Office:

10124 S. Broadway, Suite 1

Los Angeles, CA 90003

(323) 757-8900

(323)757-9506 Fax

District 44

**Janice Hahn**

Washington, DC Office:

2400 Rayburn House Office Building

Washington, DC 20515

(202) 225-8220

(202) 226-7290 Fax

District Office:

140 W. 6<sup>th</sup> Street

San Pedro, CA 90731

(310) 831-1799

(310) 831-1885 Fax

<b>Emergency Assistance/Basic Needs</b>
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**Emergency Preparedness Department**

200 N. Main Street, Suite 1500

Los Angeles, CA 90012

(213) 484-4803

[www.ready.gov](http://www.ready.gov)

Emergency Prep provides information on how to be prepared for disasters. Hours: Mon-Fri 8:00 a.m.–4:00 p.m. Our services are geared to residents of Los Angeles County.

**Harbor Interfaith Services**

670 W. 9<sup>th</sup> Street

San Pedro, CA 90731

(310) 831-0603

(310) 831-0791 Fax

Harbor Interfaith is a multi-service agency that provides emergency shelter, bags of groceries, advocacy on public benefits, job placement and transitional housing. We also offer emergency shelter for homeless families at a different address. Hours: Mon-Fri 9:00 a.m.–11:30a.m., 1:30p.m.–5:00 p.m. Our service area is the South Bay area.

**House of Hope Foundation**

P.O. Box 921

235 W. 9<sup>th</sup> Street

San Pedro, CA 90731

(310)831-9411

(310)831-5796 Fax

[www.houseofhopesp.org](http://www.houseofhopesp.org)

We are a 6-month residential treatment center for single females between 18-64 years of age, helping to strive for reunification with their children. Clothing and food/meals and nutrition program available.

Hours: Mon-Fri 8:00 a.m.–5:00 p.m.



**Mary Star Christian Care**

853 W. 7<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 548-1645  
(310) 833-3541

[www.marystar.org](http://www.marystar.org)

Lunch is served Mon-Fri 11:30a.m.–12:30p.m. Groceries are distributed twice a month. For additional information on clothing distribution for adults and children, please call. Holiday food bags are given with pre-registration. Call for sign up times (4 weeks before the holidays). You must show I.D. for groceries. We serve San Pedro only.

**New Life Faith Center**

1111 East Pacific Coast Highway  
Wilmington, Ca 90744  
(310) 549-9397

[www.newlifefaithcenter.net](http://www.newlifefaithcenter.net)

Outreach to assist community in any way, including food bank.

**Saints Peter and Paul Church**

515 West Opp Street  
Wilmington, Ca 90744  
(310) 834-5215

[www.sppc.us](http://www.sppc.us)

Established in 1865, Saints Peter and Paul Church is one of the oldest parishes in the Archdiocese of Los Angeles. It offers a variety of programs for the poor; and has activities for peace, cultural diversity, etc

**Salvation Army - San Pedro**

San Pedro Corps  
138 S. Bandini Avenue  
San Pedro, CA 90731  
(310) 832-7228  
(310) 832-2434 Fax

[www.salvationarmy.org](http://www.salvationarmy.org)

We offer emergency food, clothing (as available), referrals to shelters and other social services. Hours: Mon-Fri 8:00 a.m.–4:30p.m. Photo I.D. is required, call for details. We serve: San Pedro, Wilmington, Carson, Lomita, and Harbor City area.

**San Pedro Service Center**

769 W. 3rd Street  
San Pedro, Ca 90731  
(310) 519-6091  
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. Food distribution for low income residents distributed once a month or on an emergency basis. Mon-Fri 2:00 p.m. – 4:30 p.m. Call to schedule and appointment. Food Stamp application assistance is available every 2<sup>nd</sup> Thursday and 4<sup>th</sup> Wednesday of each month from 9:00 a.m. – 11:00 a.m.

**South Bay Crossing**

395 W. 7<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 831-5418  
(310) 832-2675 Fax

Emergency food & clothing Mon-Fri 8:00 a.m. Also, offers baby food, holiday baskets and job referrals. Hours: Mon-Fri 12:00 noon–4:00 p.m. Serves: South Bay.

**Toberman Neighborhood Center Inc.**

131 N. Grand Avenue  
(310) 832-1204  
[www.toberman.org](http://www.toberman.org)

Under the Family Welfare/Emergency Assistance program component, we provide food, clothing and advocacy to those in need, as well as referrals to additional crisis intervention agencies.

**WIC Program - San Pedro**

Public Health Foundation  
312 N. Gaffey Street, Suite 101-103  
San Pedro, CA 90731  
(888) 942-2229  
(626) 851-0481 Fax  
[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)

WIC targets women, infants and children to receive supplemental food that provides nutrition education and coupons for specific foods such as milk, cheese, eggs, fruit and infant formula. Program serves pregnant and breastfeeding women as well as infants up to 5 years of age. Serves: Los Angeles County. Hours: Mon-Fri 8:30a.m.–5:00 p.m.

**WIC (Watts Health Foundation)**

700 W. Imperial Highway  
Los Angeles, CA 90044  
(323) 241-1780

[www.wicworks.ca.gov](http://www.wicworks.ca.gov)

WIC is a federally-funded health and nutrition program for women, infants, and children. WIC helps families by providing checks for buying healthy supplemental foods from WIC-authorized vendors, nutrition education, and offers help finding healthcare and other community services. Participants must meet income guidelines and be pregnant women, new mothers, infants or children under age five.

**WIC Program - Wilmington**

Public Health Foundation  
Wilmington, CA 90744  
(888) 942-2229  
(626) 851-0481 Fax

[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)

WIC targets women, infants and children to receive supplemental food that provides nutrition education and coupons for specific foods such as milk, cheese, eggs, fruit and infant formula. Program serves pregnant and breastfeeding women as well as infants up to 5 years of age. Serves: Los Angeles County. Hours: Mon-Fri 8:30a.m.-5:00 p.m.

**Emergency Assistance/Soup Kitchen**

**Mary Star By the Sea Christian Care**

853 W. 7<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 548-1645

Lunch is served Mon-Fri, 11:30a.m.-12:30p.m. Groceries & clothing distribution: every Mon 9:00 a.m.-10:30a.m. Please call for more info. Holiday food bags are given with pre-registration. Call for sign-up time (4 weeks before holiday). Spanish and English are spoken. Free service, that serves San Pedro only.

**Employment Placement/Job Training**

**Community Development Department**

638 S. Beacon Street, Second Floor  
San Pedro, Ca 90731  
(310) 732-4645  
(310) 732-4669 Fax

The Community Development Department partners with agencies and service providers throughout Los Angeles to meet the needs of families, youth, jobseekers, and businesses.

**Day Laborer Program****Harbor City Community Job Center**

1385 N. Figueroa Place

Harbor City, CA 90744

(310) 663-1103

[www.idepsca.org](http://www.idepsca.org)

Services provided: connects persons seeking casual labor work with employers seeking temporary workers. Depending on availability additional services may include: legal counseling, ESL classes, medical exams, clothing and food.

**Employment Development Dept/Job Services**

1851 N. Gaffey Street, Ste. F

San Pedro, CA 90731

(310) 732 - 5700

(310) 732 - 5729 Fax

We provide job placement assistance with emphasis on the following services: workshops, case management, internet-based, automated system (CalJOBS) which enables employers to search, screen and select employees from a database of resumes. Job seekers may enter a resume into the database & search for job openings. Veterans receive priority of services. Funding: government. Hours: Mon-Fri 8:00 a.m.-5:00 p.m. Spanish and Croatian are spoken. Requirement: disability eligible. Free services; serves: Los Angeles County.

**Harbor Community Adult School**

LAUSD Site/Vocational/ESL/Adult Programs

950 Santa Cruz Street

San Pedro, CA 90731

(310) 547-4425

(310) 832-3489 Fax

[www.harborcas.com](http://www.harborcas.com)

Harbor Community Adult School provides: ESL, high-school diploma and GED prep, citizenship prep, computer classes, family literacy programs, parent education, programs for adults with disabilities, and older adults. We also offer free tuition for eligible students. Hours: Mon-Thurs 8:00 a.m.-9:00 p.m., Fri 8:00 a.m.-4:30p.m. Serves: Harbor City, Harbor Gateway, Lomita, San Pedro, and Wilmington.

**Harbor Interfaith Services**

670 W. 9<sup>th</sup> Street

San Pedro, CA 90731

(310) 831 - 0603

(310) 831 - 0791 Fax

A multi-service agency that provides the following: emergency shelter, food, advocacy on public benefits, job placement and transitional housing. Emergency shelter for homeless families is provided at a different address. Serves: South Bay area, including: San Pedro, Wilmington, Harbor City, Harbor Gateway, Lomita, and Torrance.

**Harbor Occupational Center**

740 N. Pacific Avenue

San Pedro, CA 90731

(310) 547-5551

(310) 547-4974 Fax

[www.harboroc.org](http://www.harboroc.org)

We are committed to providing the highest quality vocational training, academic courses and job placement services to a diverse population, empowering students to succeed in a technologically changing society.

**Harbor WorkSource Center**

1851 N. Gaffey Street #F

San Pedro, Ca 90731

(310) 732-5700

[www.worksourcecalifornia.com](http://www.worksourcecalifornia.com)

Our services to job-seekers include: resume preparation, job search, job clubs, job readiness and training.

**Harbor Youth Source Center**

Los Angeles Harbor College

1111 Figueroa Place-SSA 133

Wilmington, CA 90744

(310) 233-4097

Youth ages 14-21 who meet eligibility criteria are provided career and educational services that include, but are not limited to the following: employment readiness, career exploration and guidance, occupational skills training, tutoring/computer training, college preparation/leadership, counseling/mentoring and alternative high school services.

**Los Angeles Harbor College/EOPS**

1111 Figueroa Place

Cafeteria Room 104

Wilmington, CA 90744

(310) 233-4265

(310) 233-4124 Fax

[www.lahc.edu/eops](http://www.lahc.edu/eops)

EOPS offers info and referral, counseling, education grants, financial aid for books, transportation assistance, mentoring, and student work programs, emergency no interest loans and transfer fee waiver. CARE is a special EOPS program for single parents (all ages) receiving government financial assistance; also helps with child care and gas cards. We also offer programs for youth ages 16-21 years of age who are emancipated from foster care or seeking to live independent of their guardians. Hours: Mon-Thurs 9:00 a.m.-4:30p.m.

**Pacific Gateway Workforce Center**

1851 N. Gaffey Street, Suite F  
San Pedro, CA 90731  
(310) 732-5700  
(310) 241-0249 Fax

We offer state sponsored employment service, and job placement assistance. Services include: workshops, case management, educational support, internet-based automated system (Cal JOBS), which enables employers to search, screen and select employees from a database of resumes. Hours: Mon-Fri 8:00 a.m.-5:00 p.m.

**San Pedro Service Center**

Senior Community Service and Employment Training  
769 W. 3<sup>rd</sup> Street  
San Pedro, Ca 90731  
(310) 519-6062  
(310) 519-6091  
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. Title V Program is designed to help older adults, age 55 years and older, to improve and develop new skills by taking part in an on-the-job and classroom training programs.

**San Pedro Skills Center**

Harbor Occupational Center  
920 W. 36<sup>th</sup> Street  
San Pedro, Ca 90731  
(310) 221 – 4651  
(310) 831 – 0295

Our menu consists of vocational counseling, job training and placement. Open entry, open exit. Cooking, baking apprentice, child care, auto mechanic, auto accessories installer-mobile electronics, exhaust emissions, upholstery, swimming pool servicer, and police officer training, floor layer, landscape design. Funding: LAUSD, government and nonprofit. Hours: Mon-Fri 7:30a.m.-3:00p.m. Serves: Los Angeles County.

**Watts Labor Community Action Committee (WLCAC)**

10950 S. Central Avenue  
Los Angeles, CA 90059  
(323) 563-5639  
[www.wlcac.org](http://www.wlcac.org)

The WLCAC has established a seamless, “no-fail”, job training, job placement, and post-employment training system for youth, adults, seniors, veterans, and dislocated workers as defined by the federal Workforce Investment Act.

**Wilmington Skills Center**

Harbor Occupational Center

217 Island Avenue

Wilmington, CA 90744

(310) 549-9831

(310) 834-9674 Fax

[www.harboroc.org](http://www.harboroc.org)

Job training for adults, ESL, vocational classes. Hours: Mon-Fri 8:00 a.m.–4:00 p.m. Serves: Los Angeles County.

<b>Ethnic/Cultural/Tourist Attractions</b>
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**Angels Gate Lighthouse**

Located on the San Pedro Breakwater

[www.sanpedro.com](http://www.sanpedro.com)

This historic lighthouse has marked the entrance to the Port of Los Angeles since 1913.

**Banning Museum**

401 East M Street

Wilmington, CA 90744

Tel: (310) 548-7777

[info@thebanningmuseum.org](mailto:info@thebanningmuseum.org)

In the heart of Wilmington sits a little-known treasure, The Banning Museum. Phineas Banning, entrepreneur, the founder of the city of Wilmington, and “the Father of the Port of Los Angeles”, built the 23-room residence in 1864. Subsequent generations lived in it until 1925. In 1927 the residence, stagecoach barn, and the surrounding 20 acres of parkland were acquired by the City of Los Angeles.

**Cabrillo Marine Aquarium**

3720 Stephen M. White Drive

San Pedro, CA 90731

(310) 548-7562

[www.cabrillomarineaquarium.org](http://www.cabrillomarineaquarium.org)

Since 1935, CMA has provided visitors with both a natural and interactive approach to learning about the marine environment of Southern California.

**CRAFTED**

112 E 22nd Street

San Pedro, CA 90731

(310) 732-1270

[www.craftedportla.com](http://www.craftedportla.com)

The nation’s largest indoor year-round craft marketplace, CRAFTED sparkles as the crown jewel in Southern California’s Handmade Movement. Set adjacent to a picturesque marina and just steps away from the ocean, artisanal food makers stand side-by-side with designers and craft-artists to create a bustling intersection of art and commerce.

**Drum Barracks Civil War Museum**

1052 Banning Boulevard  
Wilmington, CA 90744  
(310) 548-7509

The historic Drum Barracks Civil War Museum is the only Civil War museum in Southern California. It is housed in the last remaining building of the military post built in 1862.

**Fort MacArthur Military Museum/Battery Osgood Farley**

3601 S. Gaffey Street  
San Pedro, CA 90731  
(310) 548-2631

[www.sanpedro.com](http://www.sanpedro.com)

From 1916-1945, this was the Upper Reservation of the Fort, and operation post for defense of the harbor against enemy attack from the sea.

**Historic Train Station - Watts**

1686 E. 103<sup>rd</sup> Street and Grandee Avenue  
Los Angeles, CA 90002

Listed on the National Register of Historic Places, The Historic Train Station was originally built in 1904. This was a highly trafficked stop along the historic Red Line route, in the era before the city's massive freeway system turned Los Angeles into the apotheosis of "car culture."

**Japanese American Fishing Village Memorial**

2500 Signal Street, Berth 68  
San Pedro, CA 90731

[www.sanpedro.com](http://www.sanpedro.com)

The Japanese American Fishing Village is a memorial to the Japanese Fishing Village on Terminal Island.

**Korean Bell/Angels Gate Cultural Center**

3601 S Gaffey Street  
San Pedro, CA 90731  
(310) 519-0936

[www.laparks.org](http://www.laparks.org)

This intricately decorated, 18-ton bell and pavilion were donated by the South Korean government in 1976 in commemoration of our country's Bicentennial.

**LA Hermandad Mexicana**

116 E. Pacific Coast Highway  
Wilmington, CA 90744  
(310) 518-3500

We provide immigration and education services to adults. Walk-ins are welcome. Funding: nonprofit.  
Hours: Mon-Fri 9:00 a.m.-5:00 p.m. Serves: Los Angeles County.



### **Los Angeles Fire Department Museum**

630 S. Beacon Street  
San Pedro, CA 90731  
(323) 464 – 2727

[www.lafdmuseum.org](http://www.lafdmuseum.org)

Housed in Old Fire Station 36, one of the oldest buildings still standing in San Pedro, this museum includes LAFD apparatus and artifacts from some of the most famous fires in this part of the city.

### **Los Angeles Maritime Museum**

Berth 84 at the foot of 6<sup>th</sup> Street and Harbor Boulevard  
San Pedro, CA 90731  
(310) 548-7618  
(310) 832-6537 Fax

[www.lamaritimemuseum.com](http://www.lamaritimemuseum.com)

Completed in 1941, the Municipal Ferry Building began service transporting passengers and vehicles on double-decker ferry boats back and forth across the Main Channel. Ferry service became obsolete with the completion of the Vincent Thomas Bridge in 1963. Today it is the Maritime Museum.

### **Point Fermin Light House**

805 Paseo Del Mar  
San Pedro, CA 90731  
(310) 241-0684

[www.pointferminlighthouse.org](http://www.pointferminlighthouse.org)

Built in 1874, the Point Fermin Lighthouse was the first navigational light into the San Pedro Bay.

### **Ports O' Call Village**

Berth 76–Nagoya Way  
San Pedro, CA 90731  
[www.sanpedro.com](http://www.sanpedro.com)

Built in 1963, Ports O' Call Village encompasses 15 acres of shops, restaurants and attractions.

### **S.S. Lane Victory (Victory Ship)**

Berth 46  
San Pedro, CA 90731  
[www.lanevictory.org](http://www.lanevictory.org)

This 10,000-ton fully operational World War II cargo ship is restored and operated by an all volunteer crew of the U.S. Merchant Marine Veterans of WWII.

### **USS IOWA**

250 S. Harbor Boulevard  
San Pedro, CA 90731  
(877) 446-9261

[www.pacificbattleship.com](http://www.pacificbattleship.com)

Built in 1940, the USS IOWA has served our country for over 50 years. Designated the “World’s Greatest Naval Ship” due to her big guns, heavy armor, fast speed, longevity and modernization.

**Warner Grand Theater**

478 W. 6<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 548-7672

[www.warnergrand.org](http://www.warnergrand.org)

Designed by B. Marcus Prieca, the former architect for the Pantages Theater chain, this lavish Art Deco Theater opened in January 1931. The Warner Grand is the last of the three original Warner Brother's Theaters.

**Watts Towers & Cultural Art Center - Watts**

1728 E. 107<sup>th</sup> Street  
Los Angeles, CA 90002  
(213) 847-4646

The Watts Towers & Cultural Art Center provides diverse cultural enrichment programming through tours of the Towers, lectures, changing exhibitions, and studio workshops for both teachers and students. Each year, thousands of people from all over the world are attracted to the site to participate in the programs, and to see the Towers and hear the story of their creation. The Watts Towers Arts Center is known internationally for its association with and development of master artists.

**Whale Watching Tours**

Ports O' Call Village  
Berth 76 – Nagoya Way  
San Pedro, CA 90731  
(310) 831-6245

[www.sanpedro.com](http://www.sanpedro.com)

Boats make regular tours during the season.

<b>Family Planning/Pregnancy/Child Birth</b>
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**Harbor Community Clinic**

593 W. 6<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 547-0202  
(310) 547-5096 Fax

[www.thehcc.net](http://www.thehcc.net)

Harbor Community Clinic specializes in pregnancy testing, options counseling, prenatal care, primary health care, well-baby, immunizations, STD clinic, sick child care, teen health counseling, a men's clinic, psychological counseling, and community outreach. Pediatric site hours: Mon/Fri 9:00 a.m.-5:00 p.m. Located at 731 S. Beacon Street in San Pedro. For information, please call (310) 732-5887. Hours: Mon, Thurs, Fri 8:00 a.m.-5:00 p.m., Tues & Wed 8:00 a.m.-5:30p.m. Free services; serves: South Bay and Harbor area.

**Harbor Pregnancy Help Center**

705 W. Pacific Coast Hwy.

Wilmington, CA 90744

(310) 518-4135

Family planning services are provided to women; and baby clothes are also provided. There is a 24 hr hotline (877) 675-5900. Funding: donations and fundraising. Hours: Mon-Fri 10:00 a.m.-5:00 p.m. Spanish and English are spoken. Requirements: All ages welcome. Serves Los Angeles County.

**WIC Program - San Pedro**

Public Health Foundation

312 N. Gaffey Street, Suite 101-103

San Pedro, CA 90731

(888) 942-2229

(626) 851-0481 Fax

[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)

With focus on women, infants and children, WIC is a supplemental food program providing nutrition education and coupons for purchasing specific foods such as milk, cheese, eggs, fruit, and infant formula. Program serves pregnant and breastfeeding women, and infants up to 5 years of age. Locations are throughout Orange and Los Angeles Counties. Hours: Mon-Fri 8:30a.m.-5:00 p.m.

**WIC Program - Watts**

700 W. Imperial Highway

Los Angeles, CA 90044

(323) 241-1780

[www.wicworks.ca.gov](http://www.wicworks.ca.gov)

WIC is a federally-funded health and nutrition program for women, infants, and children. WIC helps families by providing checks for buying healthy supplemental foods from WIC-authorized vendors, nutrition education, and help finding healthcare and other community services. Participants must meet income guidelines and be pregnant women, new mothers, infants or children under age five.

**WIC Program - Wilmington**

Public Health Foundation

Wilmington, CA 90744

(888) 942-2229

(626) 851-0481 Fax

[www.fns.usda.gov/wic/](http://www.fns.usda.gov/wic/)

Women, Infants and Children WIC is a supplemental food program that provides nutrition education and coupons for purchasing specific foods such as milk, cheese, eggs, fruit and infant formula. Program serves pregnant and breastfeeding women as well as infants up to 5 yrs. Serves at Locations throughout Orange and L.A. Counties. Hours: Mon-Fri 8:30a.m.-5:00 p.m. Serves: L.A. County.

**Wilmington Community Clinic**

1009 N. Avalon Boulevard

Wilmington, CA 90744

(310) 549-5760

(310) 549-2277 Fax

Medical services includes birth control, pregnancy testing and counseling, ambulatory care, well-baby CHDP, prenatal, immunizations, STD testing and treatment, sick child care, physical exams, and general medicine. Hours: Mon 8:00 a.m. 8:30p.m., Tues 8:00 a.m.-7:00 p.m., Wed, Thurs 8:00 a.m. - 6:30p.m., Fri 8:00 a.m.-4:30p.m. Health insurance assistance is available, Medi-Cal, Healthy Families, Healthy Kids, and other available programs for patients who are eligible.

<b>Family Resources</b>
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**Family Source Centers (FSC) - Watts**

Bradley Milken FSC (City-managed)

1733 East Century Boulevard

Los Angeles, CA 90002-3051

(213) 473-3607

**Toberman Neighborhood Center**

131 N. Grand Avenue

San Pedro, CA 90731

(310) 832-1145 Ext. 106

The Family Source Centers (FSC) was established in 2010, and is managed by the City's Community Development Department. The goal of the FSC is to provide a comprehensive array of personalized, social, educational, recreational and community services, and case managed services for low-income parents and their children. Services and activities may range from counseling, cultural and recreational activities, after school programs, financial counseling, tax preparation, to ESL classes, food distribution, and disaster preparation training. Please contact the center in your neighborhood for a list of current services, programs and events.

FSC's are also available for community meetings, special events, and volunteer opportunities.

In the event of a state or federally declared disaster, FamilySource Centers are the City's designated emergency centers, and will be open to assist local residents with information and services needed during the specific event.

## Food Distribution and Clothing Needs

### **Bethel M.B.C. of South Los Angeles - Watts**

10905 S. Compton Avenue

Los Angeles, CA 90002

(323) 566-5286

Bethel provides bags of groceries to individuals and families in need.

### **Church of Christ - Watts**

110<sup>th</sup> Wilmington Avenue

Los Angeles, CA 90059

(323) 566-6537

The Church of Christ provides groceries to individuals and families in need.

### **Harbor Interfaith Services**

670 W. 9<sup>th</sup> Street

San Pedro, CA 90731

(310) 831-0603

(310) 831-0791 Fax

[www.harborinterfaith.org](http://www.harborinterfaith.org)

The mission of Harbor Interfaith is to empower the homeless and working poor to achieve self-sufficiency by providing support services including shelter, transitional housing, food, job placement, advocacy, childcare, education and life-skills training. Emergency shelter for homeless families is provided at a different address. Hours: 9:00 a.m.-11:30a.m., 1:30p.m.-5:00 p.m. We serve the South Bay area.

### **Holy Trinity Catholic Church**

209 N. Handford Street

San Pedro, CA 90732

(310) 548-6535

[www.holytrinitysp.org](http://www.holytrinitysp.org)

The Christian Service Program is made up of parish volunteers working together to reach out and provide assistance to individuals and families in the community. Support services include referrals, food and intervention. The group collects food once a month for distribution in the community. Food and gift boxes are prepared and distributed during the holidays.

### **Macedonia House of Hope**

11101 Wilmington Avenue

Los Angeles, CA 90059

(323) 569-9561

Macedonia provides hot meals on Monday and Thursday to those in need. Hours: 12 noon-1:30p.m.

**Mary Star Christian Care**

853 W. 7<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 548-1645  
(310) 833-3541

[www.marystar.org](http://www.marystar.org)

Lunch is served Mon-Fri 11:30a.m.–12:30p.m. Groceries are distributed twice a month. Clothing is provided for adults and children; call for more information. Holiday food bags are given with pre-registration—call for sign up times (4 weeks before the holidays). You must show I.D. for groceries. Serves: San Pedro only.

**Olive Branch Missionary Baptist Church - Watts**

2318 E. 103<sup>rd</sup> Street  
Los Angeles, CA 90002  
(323) 566-1698

We provide bags of groceries those in need.

**San Pedro United Methodist Church**

580 W. 6<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 548-1001  
(310) 548-4289 Fax

[www.gbgm-umc.org/sanpedro](http://www.gbgm-umc.org/sanpedro)

We provide a hot meal each Sunday to the homeless and poor. We also provide groceries to those in need. Meal is served at 5:00 p.m., Sunday evening, and groceries are dispensed after the meal.

**St. Lawrence Brindisi Parish - Watts**

10122 Compton Avenue  
Los Angeles, CA 90002  
(323) 567-1439

Groceries are provided to individuals and families in need.

**Toberman Neighborhood Center Inc.**

131 N. Grand Avenue  
(310) 832-1204

[www.toberman.org](http://www.toberman.org)

Toberman Neighborhood Center's food pantry distributes emergency groceries to those in need as well as referrals to additional crisis intervention agencies.

**YWCA of the Harbor Area and South Bay**

Cradle Closet  
437 W. 9<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 547-0831  
(310) 547-4443 Fax  
[www.ywcaharbor.org](http://www.ywcaharbor.org)

We provide maternity and baby items for pregnant women and new mothers with children up to 24 months; appointment only.

<b>Health Care/Medical/Health Assistance</b>
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**Department of Public Social Services - Watts**

10728 S. Central Avenue  
Los Angeles, CA 90005  
(323) 563-4051  
[www.ladpss.org](http://www.ladpss.org)

The Department of Public Social Services provides food stamps and Medi-Cal services.

**Harbor Community Clinic**

593 W. 6<sup>th</sup> Street  
San Pedro, CA 90731  
(310) 547-0202  
(310) 547-5096 Fax  
[www.thehcc.net](http://www.thehcc.net)

Harbor Community Clinic specializes in pregnancy testing, options counseling, prenatal care, primary health care, well-baby, immunizations, STD clinic, sick child care, teen health counseling, a men's clinic, psychological counseling, and community outreach. Pediatric site hours: Mon/Fri 9:00 a.m.-5:00 p.m. Located at 731 S. Beacon Street in San Pedro. For information, please call (310) 732-5887. Hours: Mon, Thurs, Fri 8:00 a.m.-5:00 p.m., Tues, Wed 8:00 a.m.-5:30p.m. Free services; serves: South Bay and Harbor area.

**Health Insurance Counseling Advocacy Program**

**Center for Healthcare Rights**

520 S. Lafayette Park Place, Suite 214  
Los Angeles, CA 90057  
(213) 383-4519  
(800) 824-0780 Fax  
[www.cahealthadvocates.org](http://www.cahealthadvocates.org)

Provides counseling for people that need help with or have questions about Medicare health insurance. Hours: Mon-Fri 9:00 a.m.-4:00 p.m.

**South Compton Avenue Medical Clinic - Watts**

9901 Compton Avenue  
Los Angeles, CA 90002  
(323) 835-8401

This pharmacy provides no cost to low-cost immunizations.

**The Pharmacy - Watts**

11905 S. Central Avenue  
Los Angeles, CA 90059  
(323) 564-6051

A neighborhood pharmacy for residents of Watts.

**Tri-City Medical Group - Watts**

11900 S. Avalon Boulevard #100  
Los Angeles, CA 90061  
(323) 756-1317

Provides medical services for residents of Watts.

**Watts Health Center**

10300 S. Compton Avenue  
Los Angeles, CA 90002  
(323) 564-4331

This health center is typically opened 60 hours per week.

**Wilmington Community Clinic**

1009 N. Avalon Boulevard  
Wilmington, CA 90744  
(310) 549-5760  
(310) 549-2277 Fax

[www.wilmingtoncc.org](http://www.wilmingtoncc.org)

Medical services offered include the following: birth control, pregnancy testing and counseling, ambulatory care, well-baby CHDP, prenatal, immunizations, STD testing and treatment, sick child care, physical exams, general medicine. Hours: Mon 8:00 a.m.-8:30p.m., Tues 8:00 a.m.-7:00 p.m., Wed & Thurs 8:00 a.m.-6:30p.m., Fri 8:00 a.m.-4:30p.m. Health insurance assistance, Medi-Cal, Healthy Families, Healthy Kids and other available programs for patients who are eligible.

**Wilmington Health Center**

1325 North Broad Avenue  
Wilmington, Ca 90744  
(310) 518-8800

[sahuizar@dhs.lacounty.gov](mailto:sahuizar@dhs.lacounty.gov)

A family practice health center.



## Homeless Resources and Programs

### **Beacon Light Mission**

Men's Shelter

525 N. Broad Avenue

Wilmington, CA 90744

(310) 830-7063

(310) 830-3260 Fax

[www.beaconlightmission.org](http://www.beaconlightmission.org)

A 21 Bed emergency shelter for men only, ages 18 years and up. The maximum length of stay is 7 nights every 2 months. Individuals from any area are welcome. Dinner is served every night to men, women and children who attend chapel services at 7:00 p.m. Hours: Mon-Fri 9:00a.m.–6:00 p.m., Sat-Sun 4:00p.m.–7:00 p.m. Requirements: Photo identification; must be clean and sober.

### **Beacon Light Mission/Doors of Hope**

Women's Shelter

529 Broad Avenue

Wilmington, CA 90744

(310) 518-3667

(310) 830-3260 Fax

[www.beaconlightmission.org/doorsofhopewomensshelter](http://www.beaconlightmission.org/doorsofhopewomensshelter)

Temporary shelter is provided along with daily meals and showers, clean clothing, counseling and spiritual guidance.

### **Harbor Interfaith Services**

670 W. 9<sup>th</sup> Street

San Pedro, CA 90731

(310) 831-0603

(310) 831-0791 Fax

[www.harborinterfaith.org](http://www.harborinterfaith.org)

The mission of Harbor Interfaith is to empower the homeless and working poor to achieve self-sufficiency by providing support services including shelter, transitional housing, food, job placement, advocacy, childcare, education and life-skills training. Emergency shelter for homeless families is provided at a different address. Hours: 9:00 a.m.-11:30a.m., 1:30p.m.–5:00 p.m. We serve the South Bay area.

**Harbor View House**

Residential Nursing Care/Mentally Ill Adults

921 S. Beacon Street

San Pedro, CA 90731

(310) 547-3341

(310) 547-1384 Fax

[www.hvi.com](http://www.hvi.com)

Residential and intermediate care (nursing) for mentally ill adults; includes day rehabilitation program and life support. There is 14-day crisis intervention housing for the mentally ill homeless adults. Other services include: counseling, food, shelter & case management. Hours: Mon-Fri 8:30a.m.–5:00 p.m. Referral by County Mental Health. We accept Medi-Cal.

**Rainbow House Emergency Shelter**

(Confidential Site)

San Pedro, CA 90731

(310) 548 – 5450

(310) 548 – 0611 Fax

(310) 547 – 9343 Hotline

[www.rainbowservicesdv.org](http://www.rainbowservicesdv.org)

The following services are offered by Rainbow House: emergency food, meals, emergency shelter, transitional housing, legal aid, benefits eligibility assistance, case management, parenting education, domestic violence services, and counseling. English and Spanish are spoken. Hours: 24 hours, 7 days a week.

**SHAWL House**

Support for Harbor Area Women's Lives

936 S. Centre Street

San Pedro, CA 90731

(310) 521-9310

(310) 521-0359

[www.shawlomenshouse.org](http://www.shawlomenshouse.org)

The SHAWL House is a residential treatment program for homeless and chemically dependent women with few alternatives for free or low-cost treatment. The services include: living space for ten women with the goal of empowering the women to be fully independent, productive members of society and enable them to reunite with their children. Serves women 18-64 years of age with the maximum stay of 6 months for residential treatment. Hours: 9:00 a.m.–5:00 p.m.

**Watts Labor Community Action Committee (WLCAC)**

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

[www.wlcac.org](http://www.wlcac.org)

The WLCAC provides various services which include an access center, shelter plus care, women's shelter, and transitional housing for mental health clients.

## Hospitals

### **Kaiser Permanente**

25825 S. Vermont Avenue

Harbor City, CA 90710

(310) 325-5111

(310) 517-2234 Fax

[www.kaiserpermanente.org](http://www.kaiserpermanente.org)

A 231 bed hospital that offers the following services: obstetrics, cardiology, oncology, specialized surgery, nephrology, orthopedics, chemical dependency program, and family recovery services. Doctors are available 24 hours. We serve: Los Angeles and Orange Counties.

### **Providence Little Company of Mary**

San Pedro Hospital

1300 W. 7<sup>th</sup> Street

San Pedro, CA 90732

(310) 832-3311

(310) 514-5314 Fax

[www.providence.org](http://www.providence.org)

Providence is a 387 bed facility that offers acute care with a maternity ward. Other services include the following: adult chemical dependency program, pediatrics unit, 24 hour emergency room, ICU, oncology, industrial care center, blood donor center, MRI, skilled nursing pavilion, Hospice program, home health care program, and a cardiac lab.

## Housing/Assistance/Tenant Rights

### **Beacon Light Mission**

525 N. Broad Avenue

Wilmington, Ca 90744

(310) 830 - 7063

(310) 830 - 3260 Fax

This 21 bed emergency shelter is for men only, 18 years of age, with the maximum stay of 7 nights, every 2 months. Individuals from any area are welcome. Dinner is served every night to men, women, and children who attend chapel services at 7:00 p.m. Funding: local churches and donations. Hours: Mon-Fri 9:00 a.m.-6:00 p.m., Sat & Sun 4:00 p.m.-7:00 p.m. Requirements: Picture ID, and must be clean and sober.

### **Imperial Courts - Watts**

RAC

11543 Croesus Avenue

Los Angeles, CA 90059

(323) 249-7762

Imperial Courts is a public housing project.

**Jordan Downs - Watts**

9800 Grape Street  
Los Angeles, CA 90002  
(323) 357-6785  
(323) 249-5453

RMC/Management Office

Jordan Downs Housing Project is a 700-unit public housing apartment complex. The complex is owned and managed by the Housing Authority of the City of Los Angeles (HACLA).

**Nickerson Gardens - Watts**

1590 114<sup>th</sup> Street  
Los Angeles, CA 90059  
(323) 357-6777  
(323) 564-3992 Fax

Nickerson Gardens is a 1054-unit public housing apartment complex.

**Ozie Gonzaque Village - Watts**

RAC  
10516 Antwerp Street  
Los Angeles, CA 90002

A public housing project operated by the Housing Authority of the City of Los Angeles (HACLA).

<b>Housing/Low Income/HUD</b>
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**Imperial Courts - Watts**

11541 Croesus Avenue  
Los Angeles, CA 90059  
(323) 249-7762  
(323) 249-0938 Fax

Imperial Courts is a public housing project in Watts.

**Jordan Downs - Watts**

9800 Grape Street  
Los Angeles, CA 90002  
(323) 357-6785  
(323) 566-9543 Fax

Jordan Downs is a 700-unit public housing complex. This complex is owned and managed by the Housing Authority of the City of Los Angeles (HACLA).

**National Housing Property Management (NHPM)**

360 W. 3<sup>rd</sup> Street  
San Pedro, CA 90731-2740  
(310) 832 – 4501  
(310) 832 –2769 Fax

NHPM is Section-8 rental housing for families with a wait time of 3-5 yrs. Hours: Mon-Fri 8:00a.m.-5:00 p.m. Spanish and English are spoken. Requirement: Low income. Serves: Los Angeles County.

**Nickerson Gardens - Watts**

1590 114<sup>th</sup> Street  
Los Angeles, CA 90059  
(323) 357-6777  
(323) 564-3992 Fax

Nickerson Gardens is a 1054-unit public housing apartment complex.

**Ozie Gonzaque Village - Watts**

1515 E. 105<sup>th</sup> Street  
Los Angeles, CA 90002  
(323) 249-7768  
(323) 249-7773 Fax

Ozie Gonzaque Village is a public housing project operated by Housing Authority of the City of Los Angeles (HACLA)

<b>Immigration/Refugee Programs</b>
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**LA Hermandad Mexicana**

116 E. Pacific Coast Highway  
Wilmington, CA 90744  
(310) 518-3500

We provide immigration & education services to adults. Walk-ins welcome. Funding: Nonprofit. Hours: Mon-Fri 9:00 a.m.-5:00 p.m. Serves: Los Angeles County.

**Mahar House Community Center/Catholic Charities**

1115 Mahar Avenue  
Wilmington, CA 90744  
(310) 834 – 7265  
(310) 834 – 8813 Fax

Mahar House offers a variety of activities for school-aged children and young adults. These include the following: parenting classes, literacy classes, family development network, counseling, case management for low income families, and immigration services. Funding is through the United Way and Catholic Charities; our services are free. We are a nonprofit agency. Hours: Mon-Fri 9:00 a.m.-4:00 p.m. Spanish is spoken. Serves: South Bay area, except Long Beach.

## Law Enforcement

### **Anonymous Crime Hotline - WE TIP**

800-78-CRIME

800-47-ARSON

855-86-BULLY

800-47-DRUGS

800-US-FRAUD

800-6-HITNRUN

[www.wetip.com](http://www.wetip.com)

24 hours, 7 days a week.

### **LAPD Harbor Division - San Pedro/Harbor Area**

2175 John S. Gibson Blvd.

San Pedro, CA 90731

(310) 726-7700 Voice

(310) 518-6387 TDD/TTY

## Legal Assistance

### **Los Angeles County Superior Court - San Pedro**

San Pedro Courthouse/ South District

505 S. Centre Street

San Pedro, CA 90731

(310) 519-6201

(310) 548-3214 Fax

The Los Angeles Superior Court is dedicated to resolving and recording legal matters while upholding the following values: fairness, accessibility, integrity, responsiveness and responsibility. Hours: Mon-Fri 8:30a.m.-4:30p.m.

### **Los Angeles County Superior Court - San Pedro**

San Pedro Annex Courthouse

638 S. Beacon Street, Room 676

San Pedro, CA 90731

(310) 519-8015

(310) 514-0314 Fax

The Los Angeles Superior Court is dedicated to resolving and recording legal matters while upholding the following values: fairness, accessibility, integrity, responsiveness and responsibility. Hours: Mon-Fri 8:30a.m.-4:30p.m.

## Libraries

### **Alma Reaves Woods - Watts Library**

Los Angeles Public Library  
10205 Compton Avenue  
Los Angeles, CA 90002  
(323) 789-2850  
(323) 789-2859 Fax  
[www.lapl.org](http://www.lapl.org)

We offer a variety of programs including, adult literacy, financial literacy, Central Avenue Sounds, Teen Time, Volunteer Training, Teen Council, LACMA Family Art Class, Story time for Little Listeners, Computer Comfort, and Electronic Resources. All branch libraries provide free access to computer work stations which are connected to the library's information network. Additionally, we provide internet access which allows the public to search LAPL's many electronic resources including the online catalog with over 100 subscription databases, word processing, language learning, literacy, and a large historic document and photograph collection. Web sites are provided for children, teens and Spanish speakers.

### **L.A. Public Library**

931 S. Gaffey Street  
San Pedro, CA 90731  
(310) 548 - 7779  
(310) 548 - 7453 Fax  
[www.lapl.org](http://www.lapl.org)

We provide a variety of services, including: books on tape, large print books, shut-in service, typewriter, copier, public meeting room, videos, cassettes, public internet access, free word processing computers, and laser printers. Additionally, we offer pre-school storytelling, toddler story time, tutoring by the San Pedro Youth Coalition during the school year, a literacy program, local history, sailing, ship history collections, foundation & grant collection, books in a variety of languages—Spanish, Italian, German, French, Russian, Japanese, Serbian, Croatian, and Chinese. Hours: Mon-Thurs 10:00 a.m.-8:00 p.m., Fri & Sat 10:00 a.m.-6:00 p.m., Sun 1:00 p.m.-5:00 p.m. Croatian, Hungarian, and Spanish Spoken. Serves: Harbor and Port areas of Los Angeles.

### **Wilmington Branch Library**

1300 N. Avalon Boulevard  
Wilmington, 90744  
(310) 834-1082  
(310) 548-7418 Fax  
[www.lapl.org](http://www.lapl.org)

There are a variety of activities offered: Game Night, Teen Council, BARK, Pre-school storytelling, Lego Club, Fun in the Park, Computer Comfort, and electronic resources. All branch libraries provide free access to computer workstations which are connected to the library's information network. In addition to providing Internet access, these workstations enable the public to search LAPL's many electronic resources including the online catalog, over 100 subscription databases, word processing, language learning, literacy and a large historic document and photograph collection. Specially designed Web sites are provided for children, teens and Spanish speakers.

## Literacy/ESL Program

### **Calvary Presbyterian Church**

1160 Marine Avenue  
Wilmington, CA 90744  
(310) 835-8333  
[www.cpcwilmington.org](http://www.cpcwilmington.org)

We conduct English classes twice per week.

### **Harbor Community Adult School**

LAUSD Site/Vocational/ESL/Adult Programs  
950 W. Santa Cruz Street  
San Pedro, CA 90731  
(310) 547-4425  
(310) 832-3489 Fax

Our programs include the following: vocational education, ESL, high school diploma & GED prep, citizenship prep, computer classes, family literacy programs, parent education, programs for adults with disabilities and older adults. Open enrollment; and tuition is free for eligible students. Funding: state and federal. Hours: Mon-Thurs 8:00 a.m.-9:00 a.m., Fri 8:00 a.m.-4:30p.m. Spanish is spoken. Serves: Harbor City, Harbor Gateway, Lomita, San Pedro, and Wilmington.

### **Mahar House Community Center/Catholic Charities**

1115 Mahar Avenue  
Wilmington, CA 90744  
(310) 834 - 7265  
(310) 834 - 8813 Fax

Mahar House offers a variety of activities for school-aged children and young adults. These include the following: parenting classes, literacy classes, family development network, counseling, case management for low income families, and immigration services. Funding is through the United Way and Catholic Charities; our services are free. We are a nonprofit agency. Hours: Mon-Fri 9:00 a.m.-4:00 p.m. Spanish is spoken. Serves: South Bay area, except Long Beach.

## Parenting Resources/Education

### **Bandini Healthy Start/Family Resources Center**

425 N. Bandini Street  
San Pedro, CA 90731  
(310) 832-0282

We are a healthy start-multi disciplinary team of professionals who collaborate with families, schools, and communities to facilitate an equitable access to health, mental health and human services necessary to maximize the academic achievement, and well being of students. Hours: Mon-Fri 8:00 a.m.-2:30p.m.



**Harbor Gang Alternative Program (GAP)**

309 West Opp Street  
Wilmington, CA 90744  
(310) 519 – 7233  
(310) 519 – 8730 Fax  
[www.gangfree.org](http://www.gangfree.org)

GAP offers programs and services for at-risk youth. These include the following: mentoring, tutoring, school-based gang prevention for 4<sup>th</sup> and 6<sup>th</sup> grades, court approved parent education program, and graffiti abatement. We also provide counseling referrals to other agencies for students who still exhibit at-risk behavior even after the completion of our gang alternative program. Other locations are in Boyle Heights and Compton. Funding: Nonprofit. Hours: Mon-Fri 8:00 a.m.-5:00 p.m. Spanish spoken. We serve Los Angeles County.

**Mahar House Community Center/Catholic Charities**

1115 Mahar Avenue  
Wilmington, CA 90744  
(310) 834-7265  
(310) 834-8813 Fax

Mahar House offers a variety of activities for school-aged children and young adults. These include the following: citizenship classes, parent education, literacy classes, family development network, counseling, case management for low income families, and immigration services. Funding is through the United Way and Catholic Charities. Our services are free. We are a nonprofit agency. Hours: Mon-Fri 9:00 a.m.-4:00 p.m. Spanish is spoken. Serves: Wilmington.

**Robert F. Kennedy Institute (RFKI)**

544 N. Avalon Boulevard, Suite 309  
Wilmington, CA 90744  
(310) 834-3484  
[rfkinst@sbcglobal.net](mailto:rfkinst@sbcglobal.net)

Established in 1992, Robert F. Kennedy Institute's (RFKI) mission is to improve the health and well-being of children and their families in the Harbor/South Bay communities of Los Angeles County by directly providing or facilitating free health and human services programs in a high-quality, culturally competent manner. RFKI works as a service provider and as an intermediary, helping residents conquer bureaucratic, cultural, and other roadblocks, while linking clients to available public services.

**Toberman Neighborhood Center Inc.**

131 N. Grand Avenue  
San Pedro, CA 90731  
(310)832-1145  
(310)832-7861 Fax  
[www.toberman.org](http://www.toberman.org)

The Family Source Center (FSC) at Toberman is a hub for all of our family services. We focus on strengthening the family unit through case management as the core method for meeting this goal. Individuals and families receive carefully developed case plans, helping them move past barriers to develop healthy, independent lives, through the following programs: Parent/Teen Program; strengthening family units through open communication, effective parenting skills and developing respectful teen attitudes.

**United Way of Greater Los Angeles**

1127 North Avalon Boulevard  
Wilmington, Ca 90744  
(310) 518-2559  
[www.unitedwayla.org](http://www.unitedwayla.org)

United Way in Wilmington is an educational initiatives driven agency with literacy programs, parenting and learning events.

**Volunteers of America/Los Angeles**

Harbor City Early Head Start  
1081 W. 257th Street  
Harbor City, CA 90710  
(310) 257-6892  
(310) 257-0149 Fax

We have home base and site programs in the South Bay area that is educational, social and health focused to improve parenting skills, increase awareness in child development, nutrition and health with the overall goal of strengthening the family unit. Individual, family and group counseling serves are available. We serve pregnant women and children up to 3 years of age. Hours: Mon-Fri 8:00 a.m.-4:30p.m. Home base office is located at 1135 W. 257th Street, Harbor City. Serves: Wilmington, San Pedro, Lomita, parts of Torrance, Carson, Lennox, Hawthorne and Gardena.

**YWCA/Harbor Area and South Bay**

437 W. 9th Street,  
San Pedro, CA 90731

(310) 547-0831

(310) 547-4443 Fax

[www.ywcaharbor.org](http://www.ywcaharbor.org)

The YWCA's services specializes in: infant, preschool and latchkey childcare, day camp; low fee parenting class (available in English and Spanish), cradle closet for pregnant women and teens, youth anger management classes, conflict resolution, info and referral services for families in crisis, seminars and support groups for women and girls, ENCORE PLUS a breast and cervical cancer early screening program, thrift shop. Hours: Mon-Fri 8:00 a.m.-4:30p.m., childcare 6:30a.m.-6:00 p.m. Serves: San Pedro, Long Beach, Harbor City, Wilmington, Carson, Lomita, Harbor Gateway, Palos Verdes, Torrance and South Bay cities.

<b>Pregnant and Parenting Teens</b>
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**Casa De Los Angelitos**

954 Koleeta Drive  
Harbor City, CA 90710

(310) 325-8208

(310) 325-8217 Fax

[www.casadelosangelitos.org](http://www.casadelosangelitos.org)

Casa De Los Angelitos provides a home for pregnant women in crisis, 18 yrs of age and over. Women must show proof of the following tests: TB, STD, and drug. Free counseling is offered, along with parent & life skills education. Please call for information and openings. Hours: Mon-Fri 8:00 a.m.-5:00 p.m.

**WIC PROGRAM - San Pedro**

Public Health Foundation  
312 N. Gaffey Street, Suite 101-103  
San Pedro, CA 90731

(888) 942-2229

(626) 851-0481 Fax

[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)

WIC is a supplemental food program that provides nutrition education and coupons for purchasing specific foods such as milk, cheese, eggs, fruit and infant formula. The program serves pregnant and breastfeeding women as well as infants up to 5 years of age. We serve locations throughout Orange & Los Angeles County. Hours: Mon-Fri 8:30a.m.-5:00 p.m. Serves L.A. County

**WIC Program - Wilmington**

Public Health Foundation

133-137 East L Street

Wilmington, CA 90744

(888) 942-2229

(626) 851-0481 Fax

[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)

WIC is a supplemental food program that provides nutrition education and coupons for purchasing specific foods such as milk, cheese, eggs, fruit and infant formula. The program serves pregnant and breastfeeding women as well as infants up to 5 years of age. We serve locations throughout Orange and Los Angeles County. Hours: Mon-Fri 8:30a.m.–5:00 p.m. Serves L.A. County

**YWCA Harbor Area and South Bay**

437 W. 9th Street

San Pedro, CA 90731

(310) 547-0831

(310) 547-4443 Fax

[www.ywcaharbor.org](http://www.ywcaharbor.org)

The YWCA’s services specializes in infant, preschool and latchkey childcare, day camp, low fee parenting class (available in English and Spanish), cradle closet for pregnant women and teens, youth anger management classes, conflict resolution, info and referral services for families in crisis, seminars and support groups for women and girls, ENCORE PLUS a breast and cervical cancer early screening program, thrift shop. Hours: Mon-Fri 8:00 a.m.-4:30p.m., childcare 6:30a.m.-6:00 p.m. Serves: San Pedro, Long Beach, Harbor City, Wilmington, Carson, Lomita, Harbor Gateway, Palos Verdes, Torrance and South Bay cities.

**Toberman Neighborhood Center**

131 N. Grand Avenue

San Pedro, CA 90731

(310) 832-1145

Toberman Neighborhood Center offers self help groups, such as, Domestic Violence for men and women, anger management, and drug diversion. Please call for specific self help groups that meet on location.

**Self-Help/Support Groups**

**Co-Dependents Anonymous, Inc.**

(323) 969-4995

We offer a referral message line to meetings in Los Angeles. Hours: 24 hour info line.

**Domestic Violence Helpline**

Rainbow Services, LTD,  
P.O. BOX 547  
San Pedro, CA 90733  
(310) 547-9343  
(310) 548-0611 Fax  
[www.thehotline.org](http://www.thehotline.org)

Our support groups are open to all men and women experiencing domestic violence. English groups are on Wednesday at 1:00 pm.; Thursdays at 6:00 pm. Spanish groups meet on Tues & Weds 6:00 a.m.- 1:00 p.m., Fri 12:30p.m. The hotline is available 24 hours. Services are free, along with free childcare during support groups.

**Narcotics Anonymous**

L.A. County  
(818) 773-9999  
(888) 622-4672 Spanish  
[www.na.org](http://www.na.org)

This is a 24 hour helpline for Los Angeles County and San Gabriel areas. A volunteer or a tape message refers to self-help groups and daily meetings.

**San Pedro Service Center**

769 W. 3<sup>rd</sup> Street  
San Pedro, Ca 90731  
(310) 519-6091  
(310) 519-6095 (Angie)  
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. The APS Clerk provides assistance for elders who are experiencing difficulties living alone; facing problems with a caregiver; possible victim of a scam; someone trying to take advantage of your finances; someone trying to force you to sign unfamiliar documents; and if you're just feeling sad and lonely.

## Senior Housing

### **George Mc Donald Court - Watts**

1800 E. 92<sup>nd</sup> Street  
Los Angeles, CA 90002  
(323) 566-8608

### **Little Sisters of the Poor**

2100 S. Western Ave.  
San Pedro, CA 90731  
(310) 548 - 0625

Little Sisters of the Poor is a 34-bed skilled nursing facility that serves ages 60 years and over; ambulatory, non-ambulatory. The setting is independent living, residential and assisted living. Funding: Nonprofit. Hours: Mon-Fri 8:00 a.m.-5:00 p.m., 24 hr. service. Bi-lingual Spanish with the following requirements: elderly poor; accepts Medi-cal, Medicare, SSI. Serves: San Pedro.

### **Los Palos Convalescent Hospital**

1430 W. 6<sup>th</sup> Street  
San Pedro, CA 90732  
(310) 832 - 6431  
(310) 832 - 3390 Fax

We are a 99-bed hospital that serves adults; ambulatory, non-ambulatory. We admit Alzheimer's, Multiple Sclerosis, IV/Wound care, respite, hospice, and Wanderer-Alert System. Hours: Mon-Fri 8:30a.m.-6:00 p.m. Tagalog spoken. Accepts Medi-Cal, Medicare, SSI, HMO. Serves: San Pedro.

### **Seacrest Convalescent Hospital**

1416 W. 6<sup>th</sup> Street  
San Pedro, CA 90732  
(310) 833 - 3526  
(310) 831 - 3053 Fax

80-bed facility, serves ages 50yrs+; ambulatory, non-ambulatory. Accepts Alzheimer's Multiple Sclerosis, Spinal Cord Injury, Naso-Gastric Intestinal Tube. Hospice, Wanderer-Alert System. Hours: Mon-Fri 8:30a.m.-6:00 p.m. Tagalog spoken. Accepts Medi-cal, Medicare, and SSI. Serves: San Pedro.

## Senior/Multiple Services

### **Active Aging Program**

Providence Little Company of Mary  
1300 W. 7th Street  
San Pedro, Ca 90732  
(310) 832-3311  
[www.providence.org](http://www.providence.org)

Active Aging provides motivation and support to adults who want to become more physically active and/or maintain their activity level. Participants are matched with a trained telephone support buddy. A newsletter, series of related lectures, information & referral to community exercise resources and other benefits are also provided. Funding: Nonprofit. Hours: Mon-Fri 8:00 a.m.-4:30p.m. Bi-lingual Spanish is spoken. The requirement is: Ages 50yrs+. Serves: South Bay and Harbor communities.

### **Anderson Memorial Senior Center**

828 S. Mesa Street  
San Pedro, CA 90731-3218  
(310) 548-7596  
(310) 548-7597

We offer multiple social service programs, information and referral, wholesome recreational, intellectual and social activities including sewing classes, bingo clubs, trips, and hot meals. Hours: Mon-Thur 8:30a.m.-5p.m., Fri 8:30a.m.-4:00 p.m. Serves: San Pedro.

### **Banning Pool**

L.A. City, Department of Parks and Recreation  
1450 N. Avalon Boulevard  
Wilmington, CA 90744  
(310) 548-7420  
[www.laparks.org](http://www.laparks.org)

We offer therapeutic swimming classes for disabled children and adults; located in Banning High School. Also open to public for recreational swimming; year around, outdoor, heated pool. Parent must accompany children under 7 years. We have a Special Olympics swim team program. No wheel chair ramp or lift. Call first for the special activities schedule. Hours: Mon-Fri 3:30p.m.-8:00 p.m., Sat and Sun 1:00 p.m.-5:00 p.m.

**Center for Optimal Aging**

Providence Little Company of Mary  
1300 W. 7th Street  
San Pedro, CA 90732  
(310) 832-3311

[www.providence.org](http://www.providence.org)

The Center for Optimal Aging provides motivation and support to adults, age 50+ years who want to become more physically active and/or maintain their activity level. Participants are matched with a trained telephone support buddy. A newsletter, a series of related lectures, info and referral to community exercise resources and other benefits are also provided. Hours: Mon-Fri 8:00 a.m.-4:30p.m. Serves: South Bay and Harbor communities.

**Community Meal Site for Seniors**

Amvet Nutrition Site  
121 W. E Street  
Wilmington, CA 90744  
(310) 513-6554

Hot meals are served for seniors, ages 55 yrs and older. Also, computer classes, ESL, craft classes, food pantry, and trips are exciting activities for seniors. Funding: Jaycee Foundation. Hours: Lunch Mon-Fri 11:30-12:00.p.m. Spanish spoken. Serves the Harbor area.

**George McDonald Court - Watts**

1800 E. 92<sup>nd</sup> St.  
Los Angeles, CA 90002  
(323) 566-8608

George McDonald Court is a retirement home for seniors of Watts.

**Gibson Manor - Watts**

1501 E. Century  
Los Angeles, CA 90002  
(323) 564-0478

Units are specially designed for seniors and people with disabilities. There are lower counter-tops and hand rails, and we are conveniently located close to schools, shopping, dining, parks, and hospitals.

**Normandale Recreation Center**

22400 S. Halldale Avenue  
Torrance, CA 90501  
(310) 328-3689

[www.laparks.org](http://www.laparks.org)

This Center is a senior lunch site, Mon-Fri 10:30a.m. There are some recreational activities and a senior club. Transportation is provided to the senior lunch program. Hours: Mon-Fri 8:00 a.m.-10:00 a.m., Sat & Sun 9:00 a.m.-5:30p.m.



**Oasis at the Harbor**

Harbor Terrace Retirement Community

435 W. 8th Street

San Pedro, CA 90731

(310) 547-0090

(310) 547-5998 Fax

Older Adult Service and Information Systems (OASIS), offers cultural, education classes and events enabling adults 60 years and up to enrich their lives by renewing past interests and learning new skills and talents. Hours: Mon, Tues, Thur, 10:00 a.m.-4:00 p.m. Open to all regardless of income. Most classes are free or a nominal fee.

**Salvation Army/Sage House**

Adult Day Care Program

138 S. Bandini Street

San Pedro, CA 90731

(310) 832 - 6031

(310) 832 - 6677 Fax

Stimulating day program promoting good physical and mental well being, including social activities, individual living skills, observation, care planning, self-esteem enhancement and grooming care. Hot lunch and two snacks served each day. Support groups for families. P/T care for frail seniors needing supervision due to Alzheimer's, related disorders or physical disability. Funding: non-profit. Hours: Mon-Fri 8:00 a.m.-5:00 p.m. Spanish spoken. Requirements: non-medical, non-residential facility. Accepts Scan Senior HMO, private funds, and limited scholarship funds. Serves the South Bay.

**Toberman Neighborhood Center Inc.**

Toberman Senior's Club

131 N. Grand Avenue

San Pedro, CA 90731

(310) 832-1145

(310) 832-6712 Fax

[www.toberman.org](http://www.toberman.org)

Toberman Senior's Club provides aged members of our community with social activities, aerobic exercise and field trips to cultural and recreational venues. Hours: Mon-Fri 9:00 a.m.-5:00 p.m.

**Watts Labor Community Action Committee (WLCAC)**

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

[www.wlcac.org](http://www.wlcac.org)

The WLCAC operates the largest senior citizens program in the Los Angeles metropolitan area. Two multi-purpose centers, one in Watts and one near downtown Los Angeles, provide recreational activities, educational programs, health screenings, field trips, day care, and hot meals to the elderly.

**Watts Senior Center - Watts**

1657 E. Century Boulevard  
Los Angeles, CA 90002  
(323) 564-9440

Located in historic south Los Angeles, the Watts Senior Center and Rose Garden provides a relaxing environment for its seniors. The center offers many events, such as music and dance classes, cooking lessons, and field trips to museums and gardens. Its award-winning rose garden is a lovely place for special events and wedding receptions or ceremonies. The center's auditorium seats 125 for meetings and lectures. A fully equipped kitchen and dining room provide lunch daily to seniors.

**Wilmington Jaycee Foundation**

Wilmington Senior Citizen Multipurpose Center  
1371 N. Eubank Avenue  
Wilmington, CA 90744  
(310) 518-4533  
(310) 518-9912 Fax

Congregate nutrition, home delivered meals, transportation, legal, case management, in-home services, info and referrals. Call or walk in. Hours: Mon-Fri 8:00 a.m.-4:30p.m. Serves: Wilmington, San Pedro, Harbor City, and Harbor Gateway.

**Wilmington Senior Center**

1371 Eubank Avenue  
Wilmington, Ca 90744  
(310) 518-4533  
[Gary-kern@att.net](mailto:Gary-kern@att.net)

The Center provides services to seniors such as employment, fitness and health, and general information.

**YWCA of the Harbor Area & South Bay**

Encore plus Program  
437 W. 9th Street  
San Pedro, CA 90731  
(310) 547-0831  
(310) 547-4443 Fax  
[www.ywcaharbor.org](http://www.ywcaharbor.org)

We offer free breast and cervical cancer early screening and education programs. Call for appointment and/or information. Hours: Mon-Fri 8:00 a.m.-4:30p.m

<b>Senior/Nutrition Services</b>
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**Community Meal Site for Seniors**

Harbor Towers  
340 S. Mesa Street  
San Pedro, CA 90731  
(310) 831-8981  
(310) 831-0187 Fax  
We serve hot meals to seniors 62 years of age and over; Mon-Fri 11:30a.m.

**Community Meal Site for Seniors**

Anderson Memorial Senior Center  
828 S. Mesa Street  
San Pedro, CA 90731-3218  
(310) 548-7596  
Our program serves hot meals to seniors 60 years +; Mon-Fri 11:30a.m.

**Community Meal Site for Seniors**

San Pedro Service Center  
769 W. 3rd Street  
San Pedro, CA 90731  
(310) 519-6091  
(310) 548-4880 Fax  
Our program serves hot meals to seniors 60 years +. Mon-Fri 11:30a.m.-12:00 p.m. Serves: Harbor area

**Community Meal Site for Seniors**

Wilmington Multi-purpose Center  
1371 N. Eubank  
Wilmington, CA 90744  
(310) 518-4533  
(310) 518-9912 Fax  
We serve meals to seniors 60 years +. Mon-Fri 12:00 p.m. Sponsored by Wilmington Jaycee Foundation.

**Community Meal Site for Seniors**

Amvet Nutrition Site  
121 W. E Street  
Wilmington, CA 90744  
(310) 513 - 6554  
We serve hot meals to seniors, ages 60 yrs+; Mon-Fri 11:00 a.m.

**Home Delivered Meals - Wilmington**

Wilmington Senior Center

1371 N. Eubank

Wilmington, CA 90744

(310) 518-4533

(310) 518-9912 Fax

Meals are delivered Mon-Fri 10:00 a.m.-12:00 p.m. to seniors 60 years +. We serve: Wilmington, San Pedro, Harbor City, and Harbor Gateway.

**Meals on Wheels - San Pedro**

(310) 832-7335

A non-profit volunteer community service organization that serves home delivered meals for the house-bound, without regard to age, race, sex or religion.

**San Pedro Service Center**

769 W. 3<sup>rd</sup> Street

San Pedro, Ca 90731

(310) 519-6091

(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. Hot meals are served to older adults Mon- Fri. Seniors 60+, Food Bank Program every 3<sup>rd</sup> Friday from 9:00 a.m. – 11:00 a.m.

**Watts Labor Community Action Committee (WLCAC)**

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

[www.wlcac.org](http://www.wlcac.org)

The WLCAC operates the largest senior citizens program in the Los Angeles metropolitan area. Two multi-purpose centers, one in Watts and one near downtown Los Angeles, provide recreational activities, educational programs, health screenings, field trips, day care, and hot meals to the elderly.

**Transportation**

**Metropolitan Transit Authority (MTA)**

One Gateway Plaza

Los Angeles, CA 90012

[thecustomerrelations@metro.net](mailto:thecustomerrelations@metro.net)

Bus/Rail: (323) 466-3876

Wheelchair Lift: (800) 621-7828

Hearing/Speech Impairment: 711 & then number

Admin: (213) 922-6000

Lost & Found: (323) 937-8920

## Veteran/Military Services

### **American Legion Post #688**

1260 Board Avenue  
Wilmington, CA 90744-4925  
(310) 830 – 7899  
Funding: Nonprofit.

### **Cal Veterans**

(818) 916-8928  
[www.caiveterans.org](http://www.caiveterans.org)  
[ojchavez@caiveterans.org](mailto:ojchavez@caiveterans.org)

CAL Veteran's is a pro-active veteran's organization that assists veterans in utilizing the benefits that are available through their military service. Veteran services offered include the following: job assistance, veteran benefits, education, veteran programs, home assistance, and counseling services.

### **San Pedro Service Center**

769 W. 3<sup>rd</sup> Street  
San Pedro, Ca 90731  
(310) 519-6091  
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. A veteran counselor provides information and referrals and application assistance on health care benefits, housing, and bereavement counseling of Fridays from 8:00 a.m. – 5:00 p.m.

### **Watts Labor Community Action Committee (WLCAC)**

10950 S. Central Avenue  
Los Angeles, CA 90059  
(323) 563-5639  
[www.wlcac.org](http://www.wlcac.org)

The WLCAC has established a seamless, “no-fail”, job training, job placement, and post-employment training system for youth, adults, seniors, veterans, and dislocated workers as defined by the federal Workforce Investment Act.

## Volunteer Opportunities

### **Clean Wilmington**

(310) 720-5249  
We participate in a variety of community clean-up projects; please call for additional information.

**Toberman Neighborhood Center Inc.**

131 N. Grand Avenue  
San Pedro, CA 90731  
(310) 832-1145  
(310) 832-6712 Fax  
[www.toberman.org](http://www.toberman.org)

Toberman welcomes volunteers. Our creative programming can accommodate teen internships and community service hour projects. For a listing of our opportunities, please see our website.

**Volunteer Center - South Bay**

Main Office  
1230 Craven Avenue  
Torrance, CA 90501  
(310) 212-5009  
(310) 212-7201 Fax

We recruit and refer volunteers to nonprofit agencies that have volunteer needs. Additionally, we provide technical assistance and conduct workshops. Walk-in or call. Hours: Mon-Fri 8:30a.m.-4:00 p.m. Serves: South Bay, Harbor area and Long Beach.

**Women’s Groups/Services**

**Casa De Los Angelitos**

954 Koleeta Drive  
Harbor City, CA 90710  
(310) 325-8208  
(310) 325-8217 Fax

We provide a safe, secure, compassionate, yet structured environment for women in crisis pregnancies and their infants. We also encourage our residents to continue their education, establish goals and move forward in a positive, responsible way to ensure a full, happy and productive life for their new family. We acknowledge the stresses of an unplanned pregnancy and commend our residents for choosing life for their child. Casa De Los Angelitos supports our residents throughout their pregnancy and provides limited services after residency is completed.

**Doors of Hope Shelter**

529 Broad Avenue  
Wilmington, Ca 90744  
(310) 518-3667  
[www.beaconlightmission.org](http://www.beaconlightmission.org)

Doors of Hope provide food, clothing, and temporary shelter for women.

**Watts Labor Community Action Committee (WLCAC)**

10950 S. Central Avenue  
Los Angeles, CA 90059

(323) 563-5639

[www.wlcac.org](http://www.wlcac.org)

The WLCAC provides various services which include an access center, shelter plus care, women's shelter, and transitional housing for mental health clients.

### **YWCA - Harbor Area and South Bay**

437 W. 9th Street

San Pedro, CA 90731

(310) 547-0831

(310) 547-4443 Fax

The YWCA specializes in infant, preschool and latchkey childcare, day camp, low fee parenting class (available in English and Spanish), cradle closet for pregnant women and teens, youth anger management classes, conflict resolution, info and referral services for families in crisis, seminars and support groups for women and girls, ENCORE PLUS a breast and cervical cancer early screening program, and thrift shop. Hours: Mon-Fri 8:00 a.m.-4:30p.m., childcare 6:30a.m.-6:00 p.m. Serves: San Pedro, Long Beach, Harbor City, Wilmington, Carson, Lomita, Harbor Gateway, Palos Verdes, Torrance and South Bay cities.

## **Youth and Gang Alternative/Intervention Resources**

### **Boys and Girls Club - Wilmington**

1444 W. Q Street

Wilmington, CA 90744

(310) 549-8323

(310)549-2439 Fax

[www.bgca.org](http://www.bgca.org)

We are a youth guidance and prevention program that offers academic enrichment and a variety of recreational activities, game room, athletics, karate classes, arts and crafts and a computer learning center. Also, we have a full summer and off-track inter-session day camp activities. We also offer gang prevention through targeted outreach efforts. Hours: Mon-Fri 7:00 a.m.-7:00 p.m., ages 6-18 years. Serves: Harbor area

### **Gang Alternatives Program (GAP)**

San Pedro, Ca 90731

(310) 519-7233

[www.gangfree.org](http://www.gangfree.org)

The mission of GAP is to eliminate the base of gang membership by having a generation of young people say "no" to gangs and "yes" to positive lifestyle choices. The gang-free program components are: a school-based youth gang prevention curriculum for 2<sup>nd</sup>, 4<sup>th</sup>, and 6<sup>th</sup> grades; a court approved parent and teen education program; a graffiti abatement program; bulky items pick-up program; community beautification; youth job training and development; case management; STEP-UP! after school programs; outreach and referral services; and the Gang Free Life initiative. Please see our website for more information. Services: Watts, Wilmington, San Pedro, Harbor City, Lennox, Lomita, El Sereno.

**Harbor Gang Alternative Program (GAP)**

309 West Opp Street  
Wilmington, CA 90744  
(310) 519 – 7233  
(310) 519 – 8730 Fax  
[www.gangfree.org](http://www.gangfree.org)

The mission of GAP is to eliminate the base of gang membership by having a generation of young people say “no” to gangs and “yes” to positive lifestyle choices. The gang-free program components are: a school-based youth gang prevention curriculum for 2<sup>nd</sup>, 4<sup>th</sup>, and 6<sup>th</sup> grades; a court approved parent and teen education program; a graffiti abatement program; bulky items pick-up program; community beautification; youth job training and development; case management; STEP-UP! After school programs; outreach and referral services; and the Gang Free Life initiative. Please see our website for more information. Services: Watts, Wilmington, San Pedro, Harbor City, Lennox, Lomita, El Sereno.

**Neighborhood Youth Achievers (NYA) -Watts**

10221 S. Compton Avenue  
Los Angeles, CA 90002  
(323) 569-6962  
(323) 564-5973 Fax  
[www.nyachievers.org](http://www.nyachievers.org)

NYA is dedicated and committed to improving academic performance, enhancing citizenship, promoting volunteerism, and encouraging the pursuit of professional and personal development for young men and women in the Watts community of Los Angeles, California.

**The Guidance Center**

160 W. 6th Street  
San Pedro, CA 90731  
(310)833-3135  
(310)833-3572 Fax  
[www.tgclb.org](http://www.tgclb.org)

Mental health services for children, youth and their families are provided. Services for children 2-17 years includes: psychotherapy, substance abuse counseling, inpatient rehab and outpatient child day rehab, Multi-systemic Family Therapy, intensive mental health, probation and children and family services, school based MHS; early intervention initiative, dual-diagnosis prevention, assessment and treatment, mentoring, Juvenile Justice and Gang Diversion, and Adolescent Day Treatment. Additional services offered are: ADHD assessment and treatment, parent education, training and support, family preservation and Cal Works MHS support.



**Urban Arts Crew**

626 North Avalon Boulevard  
Wilmington, CA 90744  
(310) 816-0937  
(310) 213-1449

Urban Arts Crew, a program of South Bay Counseling Center, is a creative, skills-building program for youth ages 16-21 who want to explore the various genres of Urban Art and gain the skills needed to enter the creative economy of Los Angeles.

**Watts Labor Community Action Committee (WLCAC)****Inner City Youth**

10950 S. Central Avenue  
Los Angeles, CA 90059  
(323) 563-5639  
[www.wlcac.org](http://www.wlcac.org)

The Inner Circle Youth (ICY) is an entrepreneurial and leadership development model that helps at-risk youth build community and cultural values, set lifelong and positive goals, and break social, educational, and economic barriers to develop end-dependence. As a learning model, ICY guides the development and administration of all WLCAC programs involving youth and/or education.

**Wilmington Teen Center**

612 W. E Street  
Wilmington, CA 90744  
(310) 835-5133  
(310) 835-5133 Fax

Wilmington Teen Center offers youth programs for 8-21 years of age, including young alternatives to gangs. Program components consist of narcotic and social health education, tutorial, ages 8-16 years. Activity centers include weight lifting, aerobics, pool table, computer games and L.A. summer youth employment program (July and August, ages 14-21 years). You may walk-in or call. Hours: Mon-Fri 12:00 noon-9:00 p.m. Our services are free; we serve Wilmington and nearby areas.

<b>Youth Education/Recreational Activities</b>
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**Boys and Girls Club - Harbor City**

1220 W. 256th Street  
Harbor City, CA 90710  
(310) 534-0056  
(310) 564-7138 Fax  
[www.bgca.org](http://www.bgca.org)

We provide youth services for boys and girls consisting of the following: recreation, informal guidance, league sports, education programs, computer skills training, health & life skills; homework & tutorial services, after-school child care, delinquency prevention, ESL classes, even-start program. Hours: Mon-Fri 9:00 a.m.-7:30p.m. Requirements: Ages 6-18 years of age.

### **Boys and Girls Club - San Pedro**

1200 S. Cabrillo Avenue  
San Pedro, CA 90731  
(310) 833-1322  
(310) 833-4235 Fax

[www.bgca.org](http://www.bgca.org)

We are a youth and delinquency prevention agency for boys and girls 7-18 years of age. Our programs include: woodshop, games room, computer skills instruction, gymnasium activities, karate instruction, job placement, free tutoring by certified teachers, reading center, story time, playground activities, transportation, counseling services and special events. Hours: Mon-Thurs 12:00 noon-8:00 p.m., Fri 12:00 noon-6:00 p.m., Sat 2:30 pm-10:00 p.m. (ages 13 and up). Serves: South Bay and L.A. Harbor area.

### **Boys and Girls Club - Wilmington**

1444 West Q Street  
Wilmington, CA 90744  
(310) 549-8323  
(310) 549-2439 Fax

[www.bgca.org](http://www.bgca.org)

We offer youth guidance and prevention programs with academic enrichment and a variety of recreational activities—a game room, athletics, karate classes, arts and crafts, gang prevention activities, and computer learning center. Also, during the summer, we offer a day camp. Hours: Mon-Fri 7:00 a.m.-7:00 p.m. Club hours: Mon-Fri 7:00 a.m.-7:00 p.m. Serves: Harbor area

### **Greenbelt Recreational Center**

918 North Sanford Avenue  
Wilmington, Ca 90744  
(310) 522-2064

[www.laparks.org](http://www.laparks.org)

We offer an indoor, lighted basketball court, class rooms, after school programs, day camps. Mon-Fri 9:00a.m.-9:00 p.m., Sat-Sun 9:00 a.m.-5:00 p.m.

### **Imperial Courts Recreation Center - Watts**

2250 E. 114<sup>th</sup> Street  
Los Angeles, CA 90059  
(323) 564-1834

[Imperialcourtsrecreationcenter@lacity.org](mailto:Imperialcourtsrecreationcenter@lacity.org)

We offer adult exercise classes, youth basketball, youth flag football, after school club, day camp, L.A. Kids on Mon 1:00p.m.-6:00p.m., Tues 12:30 p.m.-9:00p.m., Wed/Fri 11:30a.m.-9:00p.m., Thurs 10:30a.m.-9:00p.m., Sat 9:30a.m.-4:00p.m. Closed: Sundays and holidays.

**Jordan Downs Community Center - Watts**

2101 E. 101<sup>st</sup> Street  
Los Angeles, CA 90002  
(323) 328-1650

Park amenities include: basketball courts (unlighted/outdoor), children's play area, picnic tables, indoor gym (without weights), barbecue pits, baseball diamond (unlighted), football field (unlighted), classrooms, kitchen, teen center with computers. Park Programs consist of, baseball leagues, basketball leagues (co-ed), flag football leagues, girls play l.a. (13-15), karate, rbi softball (7 & under), after school club (age 8 and up), arts & crafts, camp "Whatchamacallit", cheerleading, cooking, dance, drama class, journalism, l.a. kids, and a youth plus program.

**Mahar House Community Center-Catholic Charities**

1115 Mahar Avenue  
Wilmington, CA 90744  
(310) 834-7265

Our activities for school-aged children and young adults include the following: parent education class, literacy class, family development network, counseling, case management for low-income families, immigration services, computer classes, advocacy. Hours: Mon-Fri 8:00 a.m-4:00 p.m. Serves: Wilmington

**Nickerson Gardens Recreation Center/Gym - Watts**

11251 Compton Avenue  
Los Angeles, CA 90059  
(323) 566-1416

Park amenities include the following: children's play area, picnic tables, basketball courts (lighted/indoor), basketball courts (lighted/ outdoor), baseball diamond (lighted), indoor gym (with weights), football field (lighted), community room, handball courts (lighted), soccer field (lighted, computers (4-online), kitchen, multi-purpose sports field. Park Programs: baseball (girls, peewee 4-5, minor 6-9, major 10-12, junior 13-16), basketball (girls, peewee 4-5, minor 6-9, major 10-12, junior13-16), softball (girls, peewee 4-5, minor 6-9, major 10-12, junior13-16), strength training program, arts & crafts, cinema magic movies (Fridays), teen program (ages 11-16, teen council, field trips, volunteer services), and a youth plus program.

**South Bay Center for Counseling - Urban Arts Crew**

626 North Avalon Boulevard  
Wilmington, CA 90744  
(310) 816-0937  
(310) 213-1449

Urban Arts Crew, a program of SBCC, is a creative, skills-building program for youth ages 16-21 who want to explore the various genres of Urban Art and gain the skills needed to enter the creative economy of Los Angeles.

**Toberman Neighborhood Center Inc.**

131 N. Grand Avenue  
San Pedro, CA 90731  
(310) 832-1145  
(310) 832-6712 Fax  
[www.toberman.org](http://www.toberman.org)

Toberman Learning Center's Youth Services component, offers a safe location after school for children, 4-16 years of age. The emphasis is on homework completion, tutoring, recreational activities and field trips. These programs enable local youth to develop grade level and beyond academics. Hours: Mon-Fri 2:00 p.m.-6:00 p.m.

**Wilmington Teen Center**

612 W. E Street  
Wilmington, CA 90744  
(310) 835-5133  
(310) 835-5133 Fax

Wilmington Teen Center offers youth programs for ages 8-21 years, including alternatives to gangs. Program components consist of narcotic and social health education, tutorial, ages 8-16 years with emphasis on weight lifting, aerobics, pool table, computer games and the summer youth employment program for ages 14-21 years. Feel free to walk-in or call. Hours: Mon-Fri 12:00 noon-9:00 p.m. Free services. Serves: Wilmington and nearby areas.

**YWCA Teen Learning Center**

437 W. 9th Street  
San Pedro, CA 90731  
(310) 547-0831  
[www.ywca.org](http://www.ywca.org)

The YW Teens after school activities and tutoring for girls, 6th-12th grades; focuses on teen pregnancy prevention, improving academic achievement and volunteerism. Girls participate in workshops and volunteer activities each month. Hours: Mon-Fri 3:30p.m.-6:00 p.m. Extended hours during school breaks and holidays.

**109<sup>th</sup> Street Recreation Center - Watts**

1464 E. 109<sup>th</sup> Street  
Los Angeles, CA 90059  
(323) 566-4561

Facility features: auditorium, baseball diamond (lighted), basketball courts (lighted/indoor/outdoor), children's play area, football field (lighted), indoor gym (with weights), outdoor gym (without weights), seasonal pool (outdoor/unheated), soccer field (lighted), and tennis courts (lighted).

## Youth/High Risk

### **Behavioral Health Services, Inc (BHS)**

Wilmington Community Recovery DUI Program

1318 N. Avalon Blvd., Ste A

Wilmington, CA 90744

(310) 549 – 2710

(310) 549 – 2715 Fax

Emphasis is on outpatient adolescent and adult alcohol and drug education, treatment, individual and group counseling. There are also groups for prevention, education, intervention, HIV/AIDS education, assessment & referrals, sober activities; and approved first offender DUI program. Serves persons referred by the court, and walk-ins. Funding: County, fees, nonprofit. Hours: Mon-Fri 9:00 a.m.-6:00 p.m., Sat 9:30a.m.-12:30p.m. (DUI only). Spanish spoken. Requirements: Ages 12 years and older, pregnant women. Must be detoxed and capable of self-care. We accept most insurance and fees are on sliding scale. No one is denied service due to lack of funds. Serves: South Bay area.

### **Boys & Girls Club - Harbor City**

Harbor Gateway

1220 W. 256<sup>th</sup> Street

Harbor City, CA 90710

(310) 534 – 70056

(310) 534 – 7138 Fax

[www.southbayclubs.org](http://www.southbayclubs.org)

Youth services for boys and girls includes the following: recreation, informal guidance, league sports, education programs, computer skills training, health & life skills; homework & tutorial services, after-school child care, delinquency prevention, ESL classes, even-start program. Hours: Mon-Fri 9:00 a.m.-7:30p.m. Requirements: ages 6-18 years of age.

### **Harbor Gang Alternative Program (GAP)**

309 West Opp Street

Wilmington, CA 90744

(310) 519 – 7233

(310) 519 – 8730 Fax

[www.gangfree.org](http://www.gangfree.org)

The mission of GAP is to eliminate the base of gang membership by having a generation of young people say “no” to gangs and “yes” to positive lifestyle choices. The gang-free program components are: a school-based youth gang prevention curriculum for 2<sup>nd</sup>, 4<sup>th</sup>, and 6<sup>th</sup> grades, a court approved parent and teen education program, a graffiti abatement program, bulky items pick-up program, community beautification, youth job training and development, case management, STEP-UP! after school program,

outreach and referral services, and the Gang Free Life initiative. Please see our website for more information.

**South Bay Center for Counseling - Urban Arts Crew**

626 North Avalon Boulevard

Wilmington, CA 90744

(310) 816-0937

(310) 213-1449

Urban Arts Crew, a program of SBCC, is a creative, skills-building program for youth ages 16-21, who want to explore the various genres of Urban Art and gain the skills needed to enter the creative economy of Los Angeles.

**The Guidance Center**

160 W. 6th Street

San Pedro, CA 90731

(310)833-3135

(310)833-3572 Fax

[www.tgclb.org](http://www.tgclb.org)

The Guidance Center provides mental health services to children, youth and their families. Services for children 2-17 years of age includes: psychotherapy, substance abuse counseling, inpatient rehab and outpatient child day rehab, Multi-systemic Family Therapy, Intensive mental health, probation and children and family services, school based MHS; early intervention initiative, dual-diagnosis prevention, assessment and treatment, mentoring program, Juvenile Justice and Gang Diversion, connections Adolescent Day Treatment, also, ADHD assessment and treatment, parenting education, training and support, family preservation and Cal Works MHS support services.

**Los Angeles Harbor College/Extended Opportunity Programs and Services (EOPS)**

1111 Figueroa Place

Wilmington, CA 90744-2397

(310) 233-4217

(310) 233-4124 Fax

[www.lahc.edu/eops](http://www.lahc.edu/eops)

EOPS offers info and referral, counseling, education grants, financial aid for books, transportation assist, mentoring, and student work program, emergency no interest loans, and transfer fee waiver. CARE is a special EOPS pro-gram for single parents (all ages) receiving government financial assistance and helps with childcare, gas cards and many other services. Also, offers program for youth 16-21 years emancipated from foster care or seeking to live independent of their guardians. Office hours: Mon-Thurs 9:00 a.m.-4:00 p.m., Fri 9:00 a.m.-12:00 p.m.

**Toberman Neighborhood Center Inc.**

131 N. Grand Avenue  
San Pedro, CA 90731  
(310) 832-1145  
(310) 832-6712 Fax  
[www.toberman.org](http://www.toberman.org)

Toberman is a non-profit, multi-purpose neighborhood center that provides various social service programs to assist Harbor area families and individuals by delivering life-sustaining services that encourage, inform, educate and empower them to live healthy and purposeful lives. Programs for children and youth, ages 5-18 years of age, include the following: after-school activities, athletics and fitness, team sports, counseling, mentoring, support groups, job preparedness training, and services within a Family Resource Center.

<b>Youth/Recreation/Activities</b>
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**Banning Pool**

1450 N. Avalon Boulevard  
Wilmington, Ca 90744  
(310) 548-7420  
[www.laparks.org](http://www.laparks.org)

This is a year round pool (outdoor/heated); the fee is \$2.50 per adult and free to children, seniors and the disabled.

**Banning Recreational Center**

1331 Eubank Avenue  
Wilmington, Ca 90744  
(310) 548- 7776  
[www.laparks.org](http://www.laparks.org)

We offer a variety of youth related recreational activities.

**Hawaiian Avenue Elementary School**

LA's Best Summer Program  
540 Hawaiian Avenue  
Wilmington, Ca 90744  
(310) 518-4773  
[www.lasbest.org](http://www.lasbest.org)

This after-school program offers camp experience on campus, including fitness, gardening, literacy, and walking field trips.

**Wilmington Recreation Center**

325 Neptune Avenue  
Wilmington, CA 90744  
(310) 548 – 7645  
(310) 952 – 9247 Fax

Activities and programs for adults and youth include: pre-school programs like Mommy and Me, after school clubs, teen programs, tutoring, and youth enrichment. Funding: County. Hours: Mon-Fri 9:00 a.m.-7:00 p.m. Spanish is spoken. Fee depends on program. Serves: L.A. County.

**Wilmington Teen Center**

612 West E Street  
Wilmington, CA 90744  
(310) 835-5133  
(310) 549-0055 Fax

Youth programs for ages 8-13 years of age, including youth alternatives to gangs. Program components consist of narcotic and social health education, tutoring for ages 8-16 years old. Activity centers around weight lifting, boxing, aerobics, pool table, computer games, job referrals. Feel free to walk-in or call. Funding: L.A. City Community Development Department; nonprofit. Hours: Mon-Fri 12 noon-9:00 p.m. Spanish is spoken. Requirement: City of Los Angeles resident. Free service. Serves: Wilmington & nearby communities.

<b>Youth Shelters</b>
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**National Runaway Switchboard**

3080 N. Lincoln Avenue,  
Chicago, IL 60657  
(800) 621-4000  
(773) 929-5150 Fax

We offer a 24 hour hotline for youth ages 12-21 years and their families. Services include: crisis intervention, information and referral, and message delivery and conferencing services. Free bus ride home for qualified youth through Greyhound. Services are free.



## Youth Transition/Emancipation

### **Los Angeles Harbor College/Extended Opportunity Programs and Services (EOPS)**

1111 Figueroa Place  
Wilmington, CA 90744-2397

(310) 233-4217

(310) 233-4124 Fax

[www.lahc.edu/eops](http://www.lahc.edu/eops)

EOPS offers information and referral, counseling, education grants, financial aid for books, transportation assistance, mentoring, and student work program, emergency no interest loans and transfer fee waiver. CARE is a special EOPS program for single parents (all ages) receiving government financial assistance and helps with childcare, gas cards and many other services. Also, offers programs for youth 16-21 years who are emancipated from foster care or seeking to live independent of their guardians. Hours: Mon-Thurs 9:00 a.m.-4:00 p.m., Fri 9:00 a.m.-12:00 p.m.

### **South Bay Bright Future, Inc.**

24404 S. Vermont Avenue, Suite 201- 206

Harbor City, CA 90710

(310) 891-0096

(310) 534-1405 Fax

[www.southbaybrightfuture.com](http://www.southbaybrightfuture.com)

Our goal is to nurture family environments to facilitate positive transition to adulthood; serves seriously emotionally disturbed children identified as victims of abuse and/or neglect. Services include: home visits, tutoring, psychiatric services, emancipation and independent living. We work with foster family agencies and youth development centers. Hours: Mon-Fri 8:30a.m.-6:00 p.m. Serves: L.A. County.

## Hotlines/Referrals

- **Dial 9-1-1**, life threatening emergencies.
- **Dial 3-1-1**, a city wide toll free number to information and non-emergency services or on the web [www.lacity.org](http://www.lacity.org).
- **Dial 2-1-1**, help in finding the services you need or visit the web [www.211LA.org](http://www.211LA.org)  
1-800-RELAPSE.

### **U.S. Department of Health Services**

(800) 729-6686

We provide information and referral to substance abuse programs; and 24 hour hotline to the National Substance Abuse Treatment Center.

### **24-Hour Family Crisis Hotline**

1735 Family Crisis Center

(213) 745-6434

We are a 24 hour counseling and referral hotline to resources for battered women and children, youth and adults. Additional hotlines: (310) 379-3620, (310) 370-5902, (562) 388-7652.

### **Alcohol 24 Hour - HELPLINE**

(800) 334-0394

This 24 hour line offers information, referral and crisis interventions; 24 hours/7days a weeks

### **BABY SAFE**

Safely Surrendered Baby Program

(877)222-9723

Safe haven hotline for nearest locations, which allow parents to safely surrender their babies at any hospital or fire station without fear of legal prosecution; 24hours/7days a week.

### **Battered Women's Hotline**

Family Crisis/South Bay and Los Angeles

(310) 370-5902

Provides 24 hour emergency information for battered women, children and runaway homeless adolescents.

### **Child Abuse Hotline**

L.A. County Department of Children and Family Services

Los Angeles, CA 90010

(800) 540-4000

This hotline answers 24 hours a day, 7 days a week, and accepts reports of child abuse, offers crisis counseling and refers callers to local agencies for further information and services.

### **Child Help USA/Hotline**

National Child Abuse Hotline,  
(800) 422-4453

There are trained professional hotline counselors available 24 hours/7 days a week to respond to crisis calls regarding child abuse and related issues. Crisis intervention and contact for mandated reporters, concerned citizens or worried friends and family; information and referrals.

### **Children of the Night**

(800) 551-1300  
(818) 908-1468 Fax

Children of the Night will provide help for children forced into prostitution. National 24 hour hotline, shelter home and school receives child prostitutes 24 hours a day from every state; ages 11-17 years.

### **Cocaine Anonymous**

(310) 216-4444

A 12-Step program that offers self-help fellowship of men and women who share their common problem and help others to recover from their addictions; meetings held daily.

### **Domestic Violence Helpline**

Rainbow Services Ltd  
P.O. Box 627  
San Pedro, CA 90733  
(310) 547-9343  
(310) 548-0611 Fax

Support groups are open to all women experiencing domestic violence. English groups Thursdays at 6:00 p.m., Spanish groups on Tuesday/Wednesday at 6:00 p.m. and Friday at 12:00 noon. The hotline is available 24 hours and services are FREE. Childcare is free during the support groups.

### **Elder Abuse Hotline**

(800) 992-1660  
(877) 477-3646

We accept calls related to elder and dependent adult abuse victims; hotline takes reports from neglected or abused seniors age 65 and older, and then takes proper action with authorities.

### **Gamblers Anonymous**

(714) 527-2251

Recording will refer callers to local contacts; several meetings every week.

### **Hotline of Southern California**

(562) 596-5548

(562) 596-3370 Fax

Hotline of Southern CA is a comprehensive program for youth affected by dating violence and/or domestic violence. We provide a 24 hour teen hotline, emergency and transitional shelter, counseling, drama therapy, legal assistance, teen dating violence prevention programs and community education programs. We serve Los Angeles and Orange Counties.

### **Los Angeles Homeless Services Authority (LAHSA)**

Shelter Locations and Transportation Schedule

South Los Angeles Service Planning Area

MJB Recovery, Inc.

Hotline: 1-800-548-6047 or (323) 777-2491

### **Narcotics Anonymous**

Los Angeles County-Westside

(310) 390-0279

24 hour helpline for LA and San Gabriel areas; a volunteer or a tape message refers to self help groups. Group meetings are several times a day. For Spanish call (888) 622-4672. Serves: Westside LA, Santa Monica, Culver City, Venice, Marina Del Rey and Westchester.

### **National Domestic Violence Hotline**

(800) 799-7233

We provide information and referrals for victims of domestic violence and those who assist the victim. Other services include the following: crisis intervention, resource materials, bilingual advocates and a nation-wide database of resources. Office hours: Mon-Fri 8:30a.m.-5:30p.m.

### **National Runaway Switchboard**

(800) 621-4000

We are a 24 hour hotline for runaway and homeless youth and their families. This provides crisis intervention, information and referral services, message delivery and conferencing services. Free bus ride home for runaways; free program.

### **Poison Control System**

(800) 876-4766

Emergency 24 hour hotline advises in the treatment of poisoning; advises health care professionals, does not identify mushrooms or plants. For literature, call (800) 582-3387.

### **Rape/ Sexual Abuse**

Rosa Parks Sexual Assault Crisis Center

Los Angeles, CA 90062

(323) 290-4119

We are a 24 hour hotline that provides crisis intervention services, counseling, and advocacy.

### **Substance Abuse Foundation**

Sobriety House

(888) 476-2743

A 24 hour informal alcohol and substance abuse hotline that provides treatment, recovery service and referrals to on-site and area residential and outpatient programs. Office hours: Intake Mon-Fri 8:00 a.m.-5:00 p.m.

**Suicide Prevention Center**

Non-profit Free Service

(877) 727-4747

The Suicide Prevention Center is a 24 hour crisis hotline with certification. Crisis counseling and referrals to resources are provided. Also, we offer survivors after suicide bereavement support groups to help cope with loss. Prevention speakers are available for schools and other community outreach. Hours: 24 hours/7 days a week.

<b>Los Angeles City Department Numbers</b>
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If your number is not listed below, please call **311**. This is the information line to City Hall, and operators will be able to direct your call or provide you with the number you need.

<b>Name</b>	<b>Phone</b>
Abandoned Shopping Cart Pick up	(800) 252-4613
Abandoned Vehicles	(800) 222-6366
AIDS	(800) 367-AIDS
Alcoholics Anonymous	(818) 988-3001
Animal Services	(888) 452-7381
Anti-Drug Hotline (LAPD)	(800) 662-2878
Battered Women / Domestic Violence Hotline	(818) 887-6589
Better Business Bureau	(310) 945-3166
Billboard Complaints	(888) 524-2845
Birth Certificate (County)	(323) 586-6192
Building & Safety	(888) 524-2845
Bulky Item Pick Up	(800) 773-2489
Burglar alarm ringing/to report	(877) ASK-LAPD
Cable TV Company Complaints	(213) 485-2751
Cal Trans (California Dept. of Transportation)	(213) 897-3656
Catch Basin Cleaning	(800) 974-9794
Charities and Fundraising	(213) 978-1144
Child Abuse Hotline	(800) 540-4000
Children's Services	(213) 351-5602

Citizenship, Immigration & Passports	(800) 870-3676
City Clerk	(213) 978-1133
City Council Information	(213) 978-1044
City Ride	(213) 808-7433
Claims Against the City	(213) 978-1133
Consumer Protection	(800) 952-5210
Council Meetings for Public to Dial Into	(310) 547-2489
County Board of Supervisors	(213) 974-1411
Crisis Intervention - Suicide Prevention	(877) 727-4747
Dead Animal Pick-up	(800) 773-2489
Death Certificate (County)	(562) 462-2137
Department of Water and Power	(213) 367-4211
Disabled Services	(877) 225-2285
Domestic Violence 24 HR Hotline (National)	(800) 799-7233
Domestic Violence County Hotline	(800) 978-3600
DPSS (County) Dept. of Social Services	(877) 481-1044
Drug Tip (anonymous)	(800) 662-BUST
Education Board Of	(213) 241-1000
Employment Information (City 24 HR JOB LINE)	(800) 970-4578
Employment, Central Office	(800) 300-5616
Environmental Affairs (pollution)	(213) 978-0888
Food Stamp Information	(877) 847-FOOD
Gas Leaks	(800) 427-2200
Graffiti Removal & Community Clean Up	(800) 675-4357
Health Services	(213) 250-8055

Homeless Services Referral (Info Line)	(800) 339-6993
Homework Hotline	(800) 527-8839
Household Hazardous Waste Hotline	(800) 98-TOXIC
Housing Authority, Los Angeles	(213) 252-2500
Landlord/Tenant Services	(213) 808-8888
LAPD (Non-emergency)	(877) ASK LAPD
LAUSD (Board of Education)	(213) 241-1000
Legal Aid Foundation of Los Angeles	(213) 640-3884
Legal Services/ City Attorney	(213) 978-8100
Marriage License	(562) 462-2137
Mayor's Office	(213) 978-0600
Mental Health Services	(213) 974-0511
MetroLink	(800) 371-LINK
MTA - Metro Bus and Metro Rail	(323) GOMETRO
Noise/Federal Aviation Administration	(800) 688-9889
Parking Enforcement	(213) 485-6909
Parking Ticket Information	(213) 623-6533
Parking Violation Bureau Hearing	(213) 623-6533
Passport	(855) 272-4440
Planning and Zoning	(213) 482-7077
Post Office Information	(800) 275-8777
Pothole Repair	(800) 996-2489
Public Works	(323) 881-7030
Records/County Registrar-Recorder	(800) 815-2666
Recreation and Parks	(310) 479-7200



Rent Stabilization Hotline	(323) 848-6450
Sanitation	(800) 773-CITY
Senior Lunch Program	(800) 834-4777
Senior Services (Dept. of Aging)	(800) 834-4777
Social Security Administration (Federal)	(800) 772-1213
Street Light/Repair	(213) 473-3231
Towed Vehicles Information	(213) 485-4184
Trash Pick-up (missed)	(800) 733-2489
Veteran's Administration	(800) 688-9889
Volunteer Center of Los Angeles	(818) 908-5066
Women's Services	(213) 974-1455
Zoo	(323) 644-4200

**Update Request Form**

Please complete the information below if you would like to make changes in this *Community Resource Guide*. You may email your changes to [Sandra.ciaramitaro@lacity.org](mailto:Sandra.ciaramitaro@lacity.org) or fax them to (310) 732-4500.

NAME OF ORGANIZATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

—

CITY: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

CONTACT NAME: \_\_\_\_\_

TITLE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ PHONE NO: \_\_\_\_\_

SERVICES PROVIDED (please be specific):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

AGES: \_\_\_\_\_

HOURS: \_\_\_\_\_

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**Councilman Joe Buscaino, 15<sup>th</sup> Council District, City of Los Angeles**