



## Hathaway-Sycamores Transitional Age Youth (TAY) Programming Description

<b>Program Name:</b> <i>Transition Age Youth Programs (TAY)</i>	<b>Geographic Locations:</b> SPA 2,3,4,5,6,7,8
<b>Summary of Program TAY Programs:</b> <i>TILP/COC/ THP-Plus/ TAY FSP/AOT/ TAY CMH.</i>	
<p><b>Transitional Independent Living Program (TILP): SPA 3:</b> (founded 2000) 26 Beds (13 male and 13 Female), 13 Scattered Site Units Located Throughout Service Area 3; <b>SPA 6:</b> (Founded 2014) 6 Beds (Male and Female), 3 Scattered Site Units Located in SPA 6/7; <b>SPA 8:</b> (Founded 2014) 6 Beds (Male and Female), 3 Scattered Site Units Located in SPA 8.</p> <p><b>TILP provides an array of mental health support services to youth and young adults ages 18-21 with the option of continuing after-care mental health support for ages 21-25 within our TAY CMH Program.</b></p> <p><i>TILP youth and young adults are provided with the following services:</i></p> <ul style="list-style-type: none"> <li>• Shared fully furnished two bedroom apartment housing for 3 years or until the age of 21 (Utilities included)</li> <li>• <b>Full Scattered Site Model</b> (Master Leased Apartments within the Community)</li> <li>• Private Bedroom for each participant</li> <li>• All Units Close to Employment/ Transportation/ and Educational Institutions i.e. community colleges.</li> <li>• Food assistance/ Transportation provided (Free monthly Metro/ Foothill Transit TAP card)</li> <li>• Counseling and psychotherapy (Clinicians)</li> <li>• Assistance in building and or strengthening Independent living skills/ life skills. (CWS)</li> <li>• Linkage to medication assessment and Psychological testing support if desired. (Psychiatric / Psychological Services)</li> <li>• Help receiving physical health care and dental care. (Certified Health Navigators)</li> <li>• Assistance in finding safe and affordable housing or assistance remaining in the present home (TAY Housing Specialist)</li> <li>• Help with education opportunities and support.</li> <li>• Help securing and maintaining financial and health benefits ( TAY Resource/Financial Specialist)</li> <li>• Substance use and addiction treatment and Co-occurring services. ( Clinicians &amp; Co-Occurring Department)</li> <li>• Assistance with job training, search, acquisition, and retention, and internship opportunities which provide 20 hours per week of paid employment with an employer in the community. (Career Club workforce curriculum, VIP Vocation Internship Program). (Employment Specialist/ Collaborative Coordinator i.e. WOW book/ Career Club Training)</li> <li>• Peer Supportive Services. (Youth Advocates).</li> <li>• Transition assistance/Conflict resolution and relationship building support services (Transition Coordinator)</li> </ul> <p><b>Transitional Independent Living Program Eligibility requirements:</b></p> <ul style="list-style-type: none"> <li>• 18 through 21 years (Program Length 3 years or until 21<sup>st</sup> birthday)</li> <li>• Must be <b>EMANCIPATED</b> from the System prior to being admitted into TILP. (CAN NOT BE in AB12)</li> <li>• Must be a Former Foster Youth</li> <li>• Must be ILP Eligible (in foster or probation placement after the age of 16)</li> <li>• Medical Eligible</li> <li>• At risk of being homeless or homeless</li> <li>• <b>Must have enough independent living skills to manage living alone within a scattered site model in a safe and productive manner. (Determined By AVP/TAY Director through Assessment and Interview Process)</b></li> </ul>	



## Hathaway-Sycamores Transitional Age Youth (TAY) Programming Description

**Continuum Of Care Program (CoC): SPA 3:** (founded 2015) 20 Beds (Male and Female), 10 Scattered Site Units Located Throughout Service Area 3: **SPA 5:** (Founded 2015) 2 Beds (Parenting Females) 2 One Bedroom Units. **SPA 8:** (Founded 2015) 15 Beds (Male and Female). 8 Scattered Site Units Located in SPA 8. **Current Total Beds: 37 (10 Beds Dedicated to Parenting TAY)**  
**CoC provides an array of mental health support services to Former Foster Youth ages 18-24**

**CoC Participants are provided with the following services:**

- Shared fully furnished two or 1 bedroom apartment housing for 2 years or until the age of 24 (Utilities included)
- **Full Scattered Site Model** (Master Leased Apartments within the Community)
- Private Bedroom for each participant (**One bedroom Units Reserved for Some Parenting TAY**)
- All Units Close to Employment/ Transportation/ and Educational Institutions i.e. community colleges.
- Food assistance/ Transportation provided (Free monthly Metro/ Foothill Transit TAP card)
- Counseling and psychotherapy (**Clinicians**)
- Assistance in building and or strengthening Independent living skills/ life skills. (**CWS**)
- Linkage to medication assessment and Psychological testing support if desired. (**Psychiatric / Psychological Services**)
- Help receiving physical health care and dental care. (**Certified Health Navigators**)
- Assistance in finding safe and affordable housing or assistance remaining in the present home (**TAY Housing Specialist**)
- Help with education opportunities and support.
- Support/Referral and or Linkage to parenting specific needs. (**CWS**)
- Help securing and maintaining financial and health benefits ( **TAY Resource/Financial Specialist**)
- Substance use and addiction treatment and Co-occurring services. ( **Clinicians & Co-Occurring Department**)
- Assistance with job training, search, acquisition, and retention, and internship opportunities which provide 20 hours per week of paid employment with an employer in the community. (Career Club workforce curriculum, VIP Vocation Internship Program). (**Employment Specialist/ Collaborative Coordinator i.e. WOW book/ Career Club Training**)
- Peer Supportive Services. (**Youth Advocates**).
- Transition assistance/Conflict resolution and relationship building support services (**Transition Coordinator**)

**(CoC) Continuum Of Care Program Eligibility requirements:**

- 18 through 24 years (**Program Length 2 years or until 24<sup>st</sup> birthday**) Program is often reserved for TAY above age 21 due to housing shortages after age 21 for TAY.
- Must be **EMANCIPATED** from the System prior to being admitted into TILP. (**CAN NOT BE in AB12**)
- Must be a Former Foster Youth
- (**ILP Eligibility is not Required in CoC**)
- Medical Eligible
- Literally homeless
- Parenting TAY (must have custody of child)
- **Must have enough independent living skills to manage living alone within a scattered site model in a safe and productive manner. (Determined By AVP/TAY Director through Assessment and Interview Process)**



## Hathaway-Sycamores Transitional Age Youth (TAY) Programming Description

**Transitional Housing Placement Plus Program (THP-Plus Program): SPA2:** (Founded 2014) 6 Beds (2 Male and 4 Female), 3 Scattered Site Units Located in SPA2.

**The Transitional Housing Placement Plus Program (THP-Plus).** THP-Plus provides affordable housing for young adult's ages 18 to 24 years of age. We provide a wide range of supportive services similar to our TILP/CoC Programs for up to 3 years. The goal of the program is to assist former foster and probation youth ages 18 to 24 make a successful transition from out-of-home placement to independent living. Including job training, educational support, and counseling.

*THP-Plus young adults are provided with the same services within the TILP/ CoC programs: **Some differences include:***

- Monthly food stipend to assist financially (**\$150.00 a Month**)
- 2 year program unless enrolled in school: If enrolled in school at the end of the 2 year marker or on your 24<sup>th</sup> birthday a petition can be filed to add 1 more year of housing and services (3 years or till the age of 25)
- THP-Plus Program contributes **\$50.00** a month to every participant's savings account.

**(THP-Plus) Transitional Housing Placement Plus Program Eligibility requirements:**

- 18 through 24 years (**Program Length 2 years or until 24<sup>st</sup> birthday unless enrolled in school at 2 years of at 24<sup>th</sup> birthday**) Program is often reserved for TAY above age 21 due to housing shortages after age 21 for TAY.
- Must be **EMANCIPATED** from the System prior to being admitted into TILP. (**CAN NOT BE in AB12**)
- Must be a Former Foster Youth
- Must be ILP Eligible (**in foster or probation placement after the age of 16**)
- Must have been in a placement on 18<sup>th</sup> birthday. (aged out of placement)
- Medical Eligible
- At risk of being homeless or homeless
- Parenting TAY (must have custody of child)
- **Must have enough independent living skills to manage living alone within a scattered site model in a safe and productive manner. (Determined By AVP/TAY Director through Assessment and Interview Process)**

**TAY Full Service Partnership (FSP)/AOT:** (founded 2007) with 15 slots in SPA 3, 15 Slots in SA 4 and 15 Slots in SA 2. 45 slots total: Services provided for TAY ages 16 to 25. Participants do not have to be former foster youth or probation in this program.

**Assisted Outpatient Treatment:** (AOT founded 2016) 10 slots in SPA 2 & 3. Provides all services as TAY FSP but serves adults ages 16 through 59 years of age.

TAY FSP provides intensive mental health care coordination to address the total needs of the TAY with a serious emotional disturbance (SED) or a serious mental illness (SMI). FSPs are capable of providing an array of services to the individual and his or her family that are well beyond the scope of traditional clinic-based outpatient mental health services. Depending on the individuals'/families' self-identified needs, the programs address emotional, mental and physical health, housing, transportation and other supports to promote stability and successful functioning within the community. Services and linkages are provided in the home or community at the convenience of the participating individual/family. FSPs provide or link to a wide array of services and supports, guided by a commitment to do "whatever it takes," to help an individual and his or her families achieve self-defined goals toward resilience and wellness.

*TAY FSP youth and young adults are provided with all the same services as our TILP and THP-Plus Program (except for program housing):*

- TAY FSP can utilize **Flex Funds** for assistance with housing and other needs to help with stabilization.
- TAY FSP Service Areas, intakes and discharges are controlled by DMH Spa navigators who communicate regularly with TAY FSP Management.



## Hathaway-Sycamores Transitional Age Youth (TAY) Programming Description

**Transitional Age Youth Community Mental Health Program (TAY-CMH):** *Mental health and Case management and Supportive services provided in all SPA locations 10 slots.*

**TAY-CMH provides an array of mental health and support services to Transitional Age Youth from 16-25 years of age.** *No housing is provided within TAY-CMH however; referrals, support and linkage to acquire housing are offered.*

**TAY-CMH Participants are provided with the following services:**

- *Counseling and psychotherapy (Clinicians)*
- *Assistance in building and or strengthening Independent living skills/ life skills. (CWS)*
- *Linkage to medication assessment and Psychological testing support if desired. (Psychiatric / Psychological Services)*
- *Help receiving physical health care and dental care. (Certified Health Navigators)*
- *Assistance in finding safe and affordable housing or assistance remaining in the present home (TAY Housing Specialist)*
- *Help with education opportunities and support.*
- *Support/Referral and or Linkage to parenting specific needs. (CWS)*
- *Help securing and maintaining financial and health benefits ( TAY Resource/Financial Specialist)*
- *Substance use and addiction treatment and Co-occurring services. ( Clinicians & Co-Occurring Department)*
- *Assistance with job training, search, acquisition, and retention, and internship opportunities which provide 20 hours per week of paid employment with an employer in the community. (Career Club workforce curriculum, VIP Vocation Internship Program). (Employment Specialist/ Collaborative Coordinator i.e. WOW book/ Career Club Training)*
- *Peer Supportive Services. (Youth Advocates).*
- *Transition assistance/Conflict resolution and relationship building support services (Transition Coordinator)*

**(TAY-CMH) Program Eligibility requirements:**

- *16 through 25 years of age (Program Length: 2 years or until 25<sup>st</sup> birthday)*
- *Medical Eligible*
- *Axis I Mental Health Diagnosis*
- *Must not meet Criteria for TAY FSP*