

TEENS & YOUTH SERVICES



WIN app lists free services for youth across LA County, downloadable to a smartphone, or online at www.ourchildrenla.org/win-app-web

Everychild Foundation Emergency Shelter for Youth
ages 10-17, (1736 Family Crisis Center) 310-379-3620

Dept Children & Family Services for Transitional Housing for Former Foster Youth ages 18-21 213-365-2900

SSG/Occupational Therapy Training Program,
19410 S Vermont Ave Ste. L102, Torrance 310-323-6887

TEEN LINE, 7 days 6:00 pm to 10:00 pm PST toll-free from anywhere in California 310-855-HOPE (4673)
Text "TEEN" to 839863

CA Youth Crisis Line (live chat 24 hr) 800-843-5200

HELP & EMERGENCY SERVICES

Los Angeles County Info-Referral 2-1-1

Life Threatening Emergencies 9-1-1

Child Abuse Hotline 800-540-4000

Domestic Violence Helplines:

- Rainbow Services 310-547-9343
- 1736 Family Crisis Center 310-370-5902
- Asian/Pacific Islander 800-339-3940
- Los Angeles County Hotline 800-978-3600
- Human Trafficking Hotline 888-539-2373

Rape & Sexual Assault Hotline:

- Asian/Pacific Islander 800-339-3940
- YWCA 877-943-5778
- Treatment Ctr UCLA 310-319-4000
- Area Services 800-656-4673
- Suicide Hotline-LA 24 hrs. 877-727-4747

Legal Aid Foundation 562-435-3501
800-399-4529

HEALTH CARE

Harbor-UCLA-Medical Center
1000 W Carson St., Torrance 310-222-2345

Harbor Community Clinic
593 W. 6th Street, San Pedro 310-321-4389

Harbor Community Pediatric Center
731 S. Beacon St, San Pedro 310-732-5887

Northeast Community Clinic,
200 E Anaheim St., Wilmington 310-816-9700

Wilmington Community Clinic
1009 N. Avalon Bl., Wilmington 310-549-5760

Wilmington Health Center
1325 Broad Ave., Wilmington 310-518-8800

Torrance Health & Wellness Center
19410 S Vermont Ave Ste. L102, Torrance 310-323-6887

North East Community Clinic
1403 Lomita Blvd #100, Harbor City 310-784-5800

MEDI-CAL INFO

Eligibility Status for Health Care Options 800-430-4263

Denti-Cal Provider Search 800-322-6384

MENTAL HEALTH SERVICES

Mental Health Services at Harbor/UCLA (open 24/7)
1000 W. Carson St, Bldg 2 (Exodus Recovery) 310-945-3350
24/7 Access Helpline 800-854-7771

Exodus Recovery Center
923 S. Catalina Ave, Redondo Beach 310-792-5454

National Alliance on Mental Health Issues (NAMI)
South Bay Office Torrance 310-533-0705

Department of Mental Health San Pedro
150 W. 7th St, San Pedro 310-519-6100

Lawndale Mental Health
4023 Marine Ave, Lawndale 310-675-9555

LA County Mental Health 800-854-7771
San Pedro 310-519-6100
Torrance 310-533-6600

PUBLIC AGENCIES

Department of Children & Family Services
South County (San Pedro area)
4060 Watson Plaza Dr, Lakewood 562-497-3500
Torrance (Harbor City, Ranchos Palos Verdes)
2325 Crenshaw Blvd., Torrance 310-972-3111

Social Security
22600 Crenshaw Blvd, Torrance 800-772-1213

Dept of Public Social Services - Rancho Dominguez
17600 B Santa Fe Ave, Rancho Dominguez 310-761-2030

Los Angeles County Harbor Workforce Center
1851 N. Gaffey St., Suite F, San Pedro 310-732-5700



LA-HOP.org dispatches an outreach team to assist people experience homelessness, who can also self-report.



Harbor & Central South Bay Area Homeless Resource Guide

Covering San Pedro, Wilmington, Harbor City, Harbor Gateway, Torrance, Carson, Lomita, PV

670 W. 9th St, San Pedro, 90731
www.sbceh.org ContactSBCEH@gmail.com

We do our best to keep this guide up to date.
Please check with the agency before making a visit.
St. John Fisher Church & SBCEH

HOUSING

Homeless Individuals & Youth- Coordinated Entry System (CES) 424-276-3602
Harbor Interfaith Services, 599 W. 9th St, San Pedro

Homeless Families (24/7 referral line) 2-1-1

CES-Families (Harbor Interfaith Services) 310-831-0589

Sanctuary of Hope (Young Adults Ages 18-24)
13245 Hawthorne Blvd, Hawthorne 424-374-8038

Beacon Light Mission 7 night emergency shelter for homeless men 4 pm check in
525 Broad Ave, Wilmington 310-830-7063
Showers Mon/Thurs @ 8:00am

Doors of Hope Shelter, 7 night emergency shelter for homeless women Check In 9am-12pm, Closed Sun
529 Broad Avenue, Wilmington 310-518-3667
Showers Mon/Thurs @ 8:00 am

Community's Child (Single women w/infants)
25520 Woodward Ave, Lomita 310-534-4040

Family Promise of the South Bay
2930 El Dorado St, Torrance 310-782-8196

Winter Shelter Hotline 800-548-6047

ALCOHOL & DRUG RECOVERY

Alcoholics Anonymous (LA) 800-923-8722
Harbor Area 562-989-7697

Beacon House, male residential recovery prog
1003 S. Beacon St, San Pedro 310-514-4940

SHAWL House, female residential recovery program
936 S. Centre St, San Pedro 310-521-9310

House of Hope, female residential recovery progra,
235 W. 9th St., San Pedro 310-831-9411

Behavioral Health Services,
15519 Crenshaw Blvd, Gardena 310-679-9126

FREE MEALS

Beacon Light Mission (must attend chapel) 7 days @ 6:45pm
525 Broad St, Wilmington 310-830-7063

Mary Star of the Sea Catholic Church Mon-Fri @ 4pm
870 W. 8th St., San Pedro (sack lunch) 310-833-3541
Distributed from its 7th St. property entrance
serves San Pedro community only

Curt's Kitchen Mon, Tues @ 5:30pm
137 North Pacific Ave. San Pedro 310-831-3480

First Baptist Church Thur @ 6-8pm, Sun @ 8am
555 W. 7th St, San Pedro 310-548-1333

FREE GROCERIES

Harbor Interfaith Services Mon-Fri @ 9am-5pm
670 W. 9th St, San Pedro 310-831-9123

Stillman Sawyer Family Service Center (Salvation Army)
M-F @ 9am-12pm
820 Lomita Blvd, Harbor City 310-835-1986

Toberman Settlement House Mon/Tu/Th/Fri @ 8-11:30 am
131 N. Grand Ave, San Pedro 310-832-1145
Once a month for groceries; daily for bread and produce
as available

Sisters of Charity Mon/Tues/Thurs/Fri/Sat @ 9am-3pm
28600 Palos Verdes Dr East, RPV 310-831-4104
Can come once a month

St. Peter & Paul Church Mon/Tues/Thurs @ 10am
515 W. Opp St, Wilmington 310-834-5215
Serves Wilmington, Harbor City, San Pedro families

New Life Church 2nd, 4th Thurs @ 10am-12pm
25420 Vermont Ave, Harbor City 310-325-0243

LAUNDRY ASSISTANCE

King's Laundry 4th Thurs @ 4:00-6:30 pm
1330 W. Pacific Coast Hwy, Harbor City 310-508-9214

Lucy's Fluff & Fold 2nd & 4th Wed @ 6:00-8:30 pm
112 S. Pacific Ave., San Pedro 310-508-9214

BUS INFO - METRO LINE

LA Metro 323-466-3876

Torrance Transit 310-618-6266

Beach Cities Transit 310-937-6660
Serving Redondo Bch, Hermosa Bch, Manhattan Bch, El Segundo

Carson Transit 310-225-2545

Gardena Transit 310-965-8888

Lennox Link 626-458-5914

U.S. VETERAN SERVICES

MHA Operation Healthy Homecoming 424-570-0241

US Vets Initiative – Inglewood 310-348-7600

US Vets Initiative – Long Beach 562-200-7300

Los Angeles Vets Center, Counseling Center
1045 W Redondo Bch Blvd, #150, Gardena 310-767-1221

1736 Crisis Center - Veterans' Outreach
Referral Line 866-249-2557

SENIORS

Older Adult/Senior Abuse LA -In-Home 877-477-3646
Care Facility 800-231-4024

South Bay Senior Services 310-371-7222

San Pedro Service Center - LA COUNTY

Senior Lunch Program (\$2) Mon-Fri @ 11am-12pm
769 W. Third St., San Pedro 310-519-6091

San Pedro, Meals-on-Wheels 310-832-7335

City of Torrance Senior Center
1318 Cravens Ave. , Torrance 310-320-5918

City of Carson Senior Center
801 E. Carson St. , Carson 310-835-0212

Palos Verdes Cities
602 Deep Valley Dr., Suite 310 310-377-3003